

PRUEBAS TERMINALES ESPECÍFICAS DE CERTIFICACIÓN DE NIVEL

INGLÉS BÁSICO

JUNIO 2016

LEER

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

- DURACIÓN: 30 minutos.
- **PUNTUACIÓN:** La calificación de APTO se obtendrá con el 50% de respuestas correctas.
- A cada respuesta acertada le corresponderá un punto. Las respuestas erróneas no descontarán puntos.
- Esta parte consta de dos tareas.
- Leer las instrucciones al principio de cada tarea y realizarla según se indica.
- Las respuestas escritas a lápiz no se calificarán.
- No está permitido el uso del diccionario.
- NO ESCRIBIR NADA EN LAS ÁREAS GRISES.

ESCRIBIR A CONTINUACIÓN LOS SIGUIENTES DATOS:

APELLIDOS:			
NOMBRE:			
DNI:			
GRUPO Y LETRA:	OFICIAL	LIBRE	

TAREA 1

Read the text and choose the best option (A, B or C) to complete each sentence. When you have finished transfer your answers to the ANSWER BOX. Only one answer is correct. Question 0 has been done as an example.

HEALTHY KIDS

With good food habits and daily activity, you will have a healthy life. What can you do?

There are five simple ways to have a healthy lifestyle in your family:

1. Be active each day.

- Exercise is important for the health of children and young people.
- You should get at least 60 minutes of activity every day, including exercise that makes them feel tired at least 3 days a week.
- Parents should be good models and be active.

2. Choose water as a drink.

- Water is the best way to end being thirsty and it doesn't come with the added sugar found in fruit juices, soft drinks and other drinks.
- Give kids fruit to eat, better than offering fruit juices that have a lot of sugar.

3. Eat more fruit and vegetables.

- Eating fruit and vegetables every day helps children grow and can reduce the danger of being ill.
- Decide to eat two pieces of fruit and five servings of vegetables every day.
- Have fresh fruit as a snack and try to include fruit and vegetables in every meal.

4. Switch off the screen.

- Watching TV or playing computer games make kids get fat.
- Children and young people should spend no more than two hours a day in front of a screen.
- Plan a variety of indoor and outdoor games or activities for your children, as alternatives to watching TV or playing on the computer.

5. Eat fewer snacks and select healthier alternatives

- Healthy snacks help children and young people eat what they need.
- Snacks based on fruit, vegetables and cereals are the healthiest choices.
- Hardly ever eat snacks that are very sweet such as cakes and chocolate.

Adapted from <u>healthykids.nsw.gov.au</u>

0. What you need to be healthy is...

A. a Mediterranean diet is enough.

B. a good diet and exercise.

C. going out with your friends.

1. Having a healthy lifestyle is...

- A. not very difficult.
- **B.** only possible inside a family.
- C. impossible if you are active each day.

2. How long should you be active?

- A. Until you feel tired, the time is not important.
- **B.** Not less than an hour a day.
- C. Heavy exercise for thirty minutes twice a week is enough.

3. If you want your kids to eat fruit you should give them...

- A. fresh fruit and not juice, because it is less sweet.
- **B.** juices because they are easy to carry and have.
- C. juices or fresh fruit because they have the same sugar.

4. What does the text say about eating fruit and vegetables?

- A. They are also a healthy snack.
- **B.** You should have them only for dinner.
- C. You should buy them daily to be fresh.

5. The use of TVs and computers is unhealthy because...

- **A.** fat people use them more than thin people.
- **B.** if you use them too much you can become fat.
- **C.** they are indoor activities.

6. Children can play computer games...

- **A.** for four hours or more and only at the weekends.
- **B.** for three hours if they have played outdoors before.
- **C.** only for a short time never longer than a couple of hours.

7. Chocolate...

- A. is a bad snack because eating snacks is always unhealthy.
- B. is not a healthy snack because it usually has some sugar in it.
- C. is a good snack because young people always enjoy it.

ANSWER BOX

QUESTIONS	0	1	2	3	4	5	6	7
ANSWER	В							

TAREA 2

Read the text and choose the best option (A, B or C) to complete each gap. When you have finished, transfer your answers to the ANSWER BOX. Only one answer is correct. Gap 0 has been done as an example.

THE SURPRISE

Chloe and Kevin love eating out and especially enjoy going to Italian restaurants. They both love to eat pasta often, share a dessert, and have espresso **(0)**_____.

Chloe's birthday is not far. Kevin wants to plan a night out at a popular Italian restaurant in town. He calls the restaurant to (1) _____ a table but unfortunately, they have no tables available. He then calls another restaurant, but they have no tables left for that night.

Kevin thinks as he walks around the house. He knows that Chloe loves Italian food more than anything else. He knows that nothing will make her (2) _____. However, the only two good Italian places in town are too busy.

Later, Kevin has a brilliant idea. (3) _____ cooking Chloe an Italian meal at home? Kevin imagines it: a beautiful table and romantic Italian music. Chloe is going to love that idea.

There's only one thing. Kevin isn't a good (4) _____. Kevin really is a terrible one. When he tries to make breakfast he can't cook the eggs, when he tries to make lunch he can't mix the salad, when he tries to make dinner, even the neighbours know how bad it is.

Kevin has another great idea: if he **(5)** _____ one of the restaurants before Chloe gets home and orders some delicious dishes, he can serve that food instead of his horrible cooking!

The special day arrives. Chloe is **(6)** _____ at work while Kevin orders the food, picks it up, and brings it back home. As he gets everything ready and puts the music on, Chloe walks in. "*Happy Birthday!*" Kevin sings. He shows her the romantic dinner, smiling. Chloe looks surprised: "*My birthday is tomorrow, Kevin.*"

Kevin stops, looks at the calendar and understands she's right. He looks back at her. "*I guess it's* **(7)**_____ good to practice!" he says.

Adapted from <u>http://www.really-learn-english.com</u>

0.	A. also	B. <u>too</u>	C. while
1.	A. ask for	B. book	C. order
2.	A. happier	B. the happiest	C. more happier
3.	A. Let's	B. What about	C. Why don't
4.	A. cook	B. cooker	C. waiter
5.	A. is going to	B. phones	C. will phone
6.	A. already	B. still	C. yet
7.	A. always	B. ever	C. never

ANSWER BOX

GAP	0	1	2	3	4	5	6	7
ANSWER	в							

Puntuación 2:____/7

TAREA 1	TAREA 2	PUNTUACIÓN TOTAL
		/14

PRUEBAS TERMINALES ESPECÍFICAS DE CERTIFICACIÓN DE NIVEL

TAREA 1

HEALTHY KIDS

ANSWER BOX

QUESTIONS	0	1	2	3	4	5	6	7
ANSWER	В	Α	В	Α	А	В	С	В

TEXT

(Healthy Kids)

With good food habits and daily activity you will have a healthy life. What can you do?

There are (QUESTION 1) five simple ways to have a healthy lifestyle in your family:

- 1. Be active each day.
 - Exercise is important for the health of children and young people.
 - You should get (QUESTION 2) at least 60 minutes of activity every day, including exercise that makes them feel tired at least 3 days a week.
 - Parents should be good models and be active.
- 2. Choose water as a drink.
 - Water is the best way to end being thirsty and it doesn't come with the added sugar found in fruit juices, soft drinks and other drinks.
 - (QUESTION 3) Give kids fruit to eat, better than offering fruit juices that have a lot of sugar.
- 3. Eat more fruit and vegetables.
 - Eating fruit and vegetables every day helps children grow and can reduce the danger of being ill.
 - Decide to eat two pieces of fruit and five servings of vegetables every day.
 - (QUESTION 4) Have fresh fruit as a snack and try to include fruit and vegetables in every meal.
- 4. Switch off the screen.
 - Watching TV or playing computer games (QUESTION 5) make kids get fat.
 - Children and young people should spend (QUESTION 6) no more than two hours a day in front of a screen.
 - Plan a variety of indoor and outdoor games or activities for your children, as alternatives to watching TV or playing on the computer.
- 5. Eat fewer snacks and select healthier alternatives
 - Healthy snacks help children and young people eat what they need.
 - Snacks based on fruit, vegetables and cereals are the healthiest choices.
 - (QUESTION 7) Hardly ever eat snacks that are very sweet such as cakes and chocolate.

PRUEBAS TERMINALES ESPECÍFICAS DE CERTIFICACIÓN DE NIVEL

TAREA 2

THE SURPRISE

ANSWER BOX

GAP	0	1	2	3	4	5	6	7
ANSWER	В	В	Α	В	Α	В	В	Α

ΤΕΧΤΟ

(The Surprise)

Chloe and Kevin love eating out and especially enjoy going to Italian restaurants. They both love to eat pasta often, share a dessert, and have espresso (0) <u>TOO</u>.

Chloe's birthday is not far. Kevin wants to plan a night out at a popular Italian restaurant in town. He calls the restaurant to (1) <u>BOOK</u> a table but unfortunately, they have no tables available. He then calls another restaurant, but they have no tables left for that night.

Kevin thinks as he walks around the house. He knows that Chloe loves Italian food more than anything else. He knows that nothing will make her (2) <u>HAPPIER</u>. However, the only two good Italian places in town are too busy.

Later, Kevin has a brilliant idea. (3) <u>WHAT ABOUT</u> cooking Chloe an Italian meal at home? Kevin imagines it: a beautiful table and romantic Italian music. Chloe is going to love that idea.

There's only one thing. Kevin isn't a good (4) <u>COOK</u> Kevin really is a terrible one. When he tries to make breakfast he can't cook the eggs, when he tries to make lunch he can't mix the salad, when he tries to make dinner, even the neighbours know how bad it is.

Kevin has another great idea: if he **(5) <u>PHONES</u>** one of the restaurants before Chloe gets home and orders some delicious dishes, he can serve that food instead of his horrible cooking!

The special day arrives. Chloe is (6) <u>STILL</u> at work while Kevin orders the food, picks it up, and brings it back home. As he gets everything ready and puts the music on, Chloe walks in. "*Happy Birthday!*" Kevin sings. He shows her the romantic dinner, smiling. Chloe looks surprised. "*My birthday is tomorrow, Kevin.*"

Kevin stops, looks at the calendar and understands she's right. He looks back at her. "*I guess it's* (7) <u>ALWAYS</u> good to practice!" he says.

Adapted from really-learn-english.com (<u>http://goo.gl/KQDcBJ</u>) January 2016, 305 words