

INGLÉS

CERTIFICADO DE NIVEL BÁSICO A2

CONVOCATORIA EXTRAORDINARIA 2021

COMPRENSIÓN DE TEXTOS ESCRITOS

APELLIDOS: _	NOMBRE:
DNI/NIE:	EOI:

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

DURACIÓN: 50 minutos

- Esta parte consta de tres tareas.
- Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en rojo no se calificarán.
- No escriba en los recuadros sombreados.
- No está permitido el uso de diccionarios.

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	TAREA 1	TAREA 2	TAREA 3	TOTAL
PUNTOS				/ 25

CALIFICAC	ΙÓΝ
1	10

TASK 1 (7 x 1 = 7 marks)

Read the following texts and match them to the most appropriate heading from the list on the next page. You can use each heading only ONCE. There are three extra headings you will not need. Text 0 is an example.

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SEVEN FUN WAYS TO MAKE YOUR OFFICE A BETTER PLACE

How can you make your office nicer and more pleasant?

TEXT 0

There are many offices that don't have a plan on recycling. Explore your workplace regulations, and make sure you have proper bins to separate your paper and recyclables from other waste. Pick quality, resistant bins that will last many uses.

TEXT 1

Make sure you always recycle items like printing materials. We'll even give you a discount for being green. Also, return spent toner and ink to refill. Recycling cartridges and toner is a very good measure and keeps our Earth clean.

TEXT 2

A plant adds life to your office. Plants keep the air clean and can add a little feng shui to your decoration style. If your office is low light, choose plants that can live with little light. Bring in some fresh flowers for your desk or even some nature photos. This helps you to relax and has a positive effect on your workmates.

TEXT 3

You can add something with your own style to your office space no matter how small it is. Also, watch for items that can be used more than once. Some design details can increase your productivity by 20%. Think creatively and find new uses for everyday items.

TEXT 4

Change the overhead lighting for some soft lamps that use LED lights, which require less energy and create a softer ambiance. This type of lighting makes your space calmer, more productive and inviting. Your office will be more comforting and warm.

TEXT 5

Your colleagues may be sensitive to very strong perfume of heavily scented air freshener. However, natural essential oils and scents like peppermint, citrus and pine can improve your energy, productivity and mood.

TEXT 6

Staying organized helps you easily remember what you have. Also, you'll save time and money because you will not need to look for lost things. Keep important documents and paper files on your desk for easy access. Take a few minutes each day to tidy your desktop.

TEXT 7

Buy things that are recycled and eco-friendly. When you go shopping, choose paper towels and toilet paper that are ecological and use paper cups, not Styrofoam. Recycled products are sometimes even less expensive.

SEVEN FUN WAYS TO MAKE YOUR OFFICE A BETTER PLACE

How can you make your office nicer and more pleasant?

- A. A TOUCH OF NATURE IS DECORATIVE AND BENEFICIAL
- B. ADD ECOLOGICAL PRODUCTS TO YOUR SHOPPING BASKET
- C. BE CREATIVE WITH A PERSONAL TOUCH
- D. BUY ARTIFICIAL PLANTS TO DECORATE YOUR OFFICE
- E. GOOD NATURAL SMELLS ARE THE BEST OPTION
- F. KEEP EVERYTHING IN THE RIGHT PLACE
- G. PAPER CUPS ARE A BAD OPTION
- H. RECYCLE YOUR WASTE
- I. SAVE MONEY IN PRINTING MATERIALS
- J. SWITCH OFF THE LIGHTS AT THE OFFICE
- K. USE SOFTER ILLUMINATION

TEXT	0	1	2	3	4	5	6	7
HEADING	Н							
	✓							

TASK 2	(8×1)	= 8	marks)
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Read the text and decide for each sentence if they are true (T) or false (F) according to the text. Then write the option in the corresponding white box of the questionnaire on the next page. Sentence 0 is an example.

MARK	

THE HEALTH BENEFITS OF DRINKING TEA

Some opinions about tea from scientists

Some scientific researchers have investigated the possible health benefits contained in tea. And now it appears there's a lot of evidence to suggest that drinking tea could actually be good for the prevention of some very serious illnesses, including cancer, obesity and dehydration. Studies say that drinking three or more cups of tea a day is better for you than drinking the same amount of water, because tea contains antioxidants which can improve our health and also rehydrate it.

Here are some of the most important health benefits that scientists consider tea drinking can bring:

- **Tea reduces the risk of heart disease** -Tea can improve how blood runs through your body. Tea also contains antioxidants called 'flavonoids', a substance that can help to prevent heart disease.
- **Tea hydrates the body**-Water is the most important fluid to hydrate the body after exercise or a long day in the office, but some scientists believe that drinking tea could be equally useful. The problem is its amount of caffeine, but decaffeinated tea is fantastic for hydration because it represents another source of water for the body.
- **Tea keeps your teeth healthy-**Believe it or not, a regular supply of tea can really make your teeth strong and avoid tooth problems. The antioxidants contained in a cup of tea are also a tool to fight against bacteria.
- An extra measure for your diet-Some scientific studies prove that regular tea drinking can help
 to keep body fat down by speeding up the burning of calories. At least, it has fewer calories than
 drinking a soft drink.
- **Improving your memory power with tea-**Many scientists believe that certain types of tea, such as green tea, can protect memory cells in the brain, and postpone from the development of dementia and even Alzheimer's Disease. It isn't surprising that old people drink so much tea.
- **Beating cancer through the power of tea-**Some important studies have recently suggested that tea drinking could be a natural anti-cancer ingredient. Research is still developing in this area, but reports indicate that mouth and breast cancer cases are much lower among those who regularly drink five or more cups of tea a day.

(Adapted from) © www.realbuzz.com

THE HEALTH BENEFITS OF DRINKING TEA

Tea is a popular hot beverage all across the world, and it isn't consumed purely for the taste

0.	Tea is a world-wide known drink.
8.	Medical studies suggest that tea can cure some illnesses.
9.	Drinking tea has more benefits than drinking water.
10.	Tea's antioxidants can prevent the risk of heart attack.
11.	Tea with caffeine is as good as decaffeinated tea.
12.	Too much tea can be bad for your teeth.
13.	Drinking tea regularly can help you lose weight.
14.	Green tea is particularly good for your brain.
15.	Five or more cups of tea are a good way to prevent some types of cancer.

SENTENCE	0	8	9	10	11	12	13	14	15
T / F	7								
	✓								

TASK 3 (10 x 1 = 10 marks)

Read the text and complete each gap with ONE word from the list. Then write your answers in the boxes. Use each word only ONCE. There are seven words you will not need. Gap 0 is an example.

MARK



PHILOSOPHY TO IMPROVE OUR LIVES

Ancient philosophers teach us how to make our lives better

Four hours spent in Ikea for nothing. I spent a lot of money but nothing useful. I was so angrathat I was ready to hit the next person who said a Swedish									
I first got [16] in philosophy as a teenager. It was on the curriculum at my hig school and, in the beginning, I thought it was boring. But when I was 16, a teacher gave me a cop of Wittgenstein's <i>Tractatus Logico-Philosophicus</i> .									
but also admit of	our ignorance. Sinc	ce then, I've alwa		could think and speak e question of how to ter.					
But let's go back to my disastrous trip to Ikea. I started the day very well,[19] lists and planning what to buy. But when I was there, I don't know why, I wanted to buy[20]! Pots, plants, cushions In the end, I had to pay a £278.50 bill and I was filled with a deep sense of frustration. What happened? Why did I spend so much?									
Spinoza would ha		er. He believed the		ne famous philosophe ish yourself for having					
The wisest people		ily the most discip	olined. They are the	d never buy anything people who can really					
Now before going to the shops, I sit down and think about what I'm actually looking [25] — not just the objects I need but what I want from them. Comfort? Excitement A few moments of reflection usually help me see a desire I didn't know I had and I make bette choices. Adapted from © http://theguardian.com									
ADVERTISING	AT	APPLY	DESIRES	EVERYTHING					
FOR	INTERESTED	INTERESTING	LOOK	MAKING					
OUT	SAY	SMALL	TELL	UNDERSTAND					
WISH	WHOLE	WORD							

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