

**TASK 1: SEVEN WAYS TO MAKE YOUR OFFICE A BETTER PLACE**

<b>TEXT</b>	1	2	3	4	5	6	7
<b>HEADING</b>	<b>I</b>	<b>A</b>	<b>C</b>	<b>K</b>	<b>E</b>	<b>F</b>	<b>B</b>

**TASK 2: THE HEALTH BENEFITS OF DRINKING TEA**

<b>SENTENCE</b>	8	9	10	11	12	13	14	15
<b>ANSWER</b>	<b>F</b>	<b>T</b>	<b>T</b>	<b>F</b>	<b>F</b>	<b>T</b>	<b>T</b>	<b>T</b>

**TASK 3: PHILOSOPHY TO IMPROVE OUR LIVES**

16	<b>INTERESTED</b>
17	<b>WHOLE</b>
18	<b>APPLY</b>
19	<b>MAKING</b>
20	<b>EVERYTHING</b>

21	<b>ADVERTISING</b>
22	<b>DESIRES</b>
23	<b>SAY</b>
24	<b>UNDERSTAND</b>
25	<b>FOR</b>

### TASK 1: YOUTUBE EXTRACTS

EXTRACT	1	2	3	4	5	6	7
LETTER	H	C	B	E	I	G	D

### TASK 2: ENGLISH BREAKFAST

QUESTION	8	9	10	11	12	13	14	15	16
LETTER	T	F	T	T	F	F	T	F	F

### TASK 3: THE GREAT FIRE OF LONDON

17	FINANCE
18	SECOND/ 2 <sup>ND</sup>
19	BAKERY
20	DRY
21	WOOD
22	87
23	POSSESSIONS
24	EXPLODED
25	BIGGER

### TAPESCRIPT

#### TASK 1: YOUTUBE EXTRACTS

#### **EXTRACT 0: HEALTH CRISIS IN ASIAN COUNTRY [F]**

*In China, officials have confirmed at least five thousand more cases of the Corona virus, 121 new deaths have been reported. The World Health Organization has requested further*

*clarity about a recent change in how China defines and diagnoses the disease. There are now more than 55,000 cases in the country.*

#### **EXTRACT ONE: RECORD RAINFALL IN AUSTRALIA [H]**

Western Australia is dealing with the aftermath of tropical cyclone Damien, which made landfall at the weekend. And if you want a sense of how much it rained in Sydney over the last few days, well, this is how much it rains on average in February and this is how much it rained over four days.

#### **EXTRACT TWO: BYE BYE EUROPE [C]**

This is the first day of a new month, it's the start of a new era, though, in terms of Britain's relations with the European Union. No longer will British officials be marching into buildings like this to have their say over day-to-day business or future policy of the European Union.

#### **EXTRACT THREE: ANOTHER VICTORY FOR RACING DRIVER [B]**

Lewis Hamilton, racing in the US, has won his sixth World championship title. He's now the second most successful Formula 1 driver in history and will aim next season to equal the record seven titles held by Michael Shumacher.

#### **EXTRACT FOUR: HARD TIMES FOR FAST FOOD RESTAURANTS [E]**

With more than 42,000 restaurants in over a hundred countries, Subway has the most locations of any fast-food chain on the planet. Subway's closed thousands of stores in the last three years and saw a 25% fall in business from 2012 to 2017. So what happened?

#### **EXTRACT FIVE: THE COLDEST TOWN ON EARTH [I]**

I've just returned from a place so piercingly cold it gives me the shivers just thinking about it. It's not Antarctica or even the top of Mount Everest. No, it's actually a tiny village in Central Siberia. In Oymyakon it's so cold your eyelashes freeze together. If it's warmer than minus 55 degrees Celsius, then it's a good day.

#### **EXTRACT SIX: JAPANESE CARS ARE LEADERS IN AMERICA [G]**

When it comes to cars, Americans seem to love the Japanese, but the Japanese don't seem to love Americans back. Japanese brands sell remarkably well in the United States. Several of the best-selling automakers in America are from Japan, and their products seem to dominate entire segments in sales and critical acclaim.

#### **EXTRACT SEVEN: CAR POLLUTION AFFECTS BIG CITY [D]**

New traffic restrictions have been imposed in Delhi as millions of people in India's capital are told to stay indoors to avoid the toxic smog. Drivers will only be admitted on alternate dates based on their number plates. Schools have been closed and flights have been diverted.

Adapted from @www.youtube.com

### **TASK 2: ENGLISH BREAKFAST**

It's breakfast time. Forget stacks of pancakes covered in maple syrup as there's really no place for any of these items in the classic full English breakfast. So grab your knife and your fork and come with me as we feast our eyes on Britain's most treasured national dish.

History of the full English. The origins of the full English breakfast are a bit of a mystery but many believe it harks back to the time of landed gentry. The full English breakfast was later adopted by the working classes as a great way to start the day during the Industrial Revolution. Nowadays, most Brits indulge in a full English only at the weekends but, boy, is it worth the wait!

Also called a fry up, the full English consists of the following fundamental items:

Eggs. Fried eggs are most common in a full English breakfast. Well, what did you expect with the name fry up? However, scrambled and poached eggs are totally acceptable options.

Bacon. We mainly use British back bacon. The bacon is served fried or grilled until the fat is golden brown, and no, it isn't covered in maple syrup.

Sausages. The full English breakfast is the perfect place for you to show off your sausage and no, I'm not talking sausage patties or hotdog wieners. Instead, we prefer a simple Lincoln or Cumberland sausage fried or grilled.

Black pudding. I can only imagine this is called a pudding to make it sound more appealing. Black pudding is actually not a pudding. In fact, it's more like a sausage but made with kidney fat, oatmeal, and pig's blood, mm-hmm. It's sliced and then, yep, you guessed it, fried and tastes a bit dry and salty, a bit like everything else on the plate

Baked beans. Our baked beans are very different to the original American creation which was made up of beans stewed with pork and molasses. British baked beans are stewed haricot beans typically in a tomato sauce. You could make your own but most of us just buy them in a tin.

Toast. Toast or fried bread is essential. You can use it as a platform to transport eggs and beans to your mouth or you could save it and cover it in marmalade.

Mushrooms. Mushrooms should never come from a tin, only fresh mushrooms will do. Grill or fry them gently and add some herbs if you're feeling particularly creative.

Tomatoes. Grilled tomatoes are perhaps the most colourful item on the plate.

So there you go, eggs, bacon, sausages, black pudding, baked beans, toast, mushrooms and tomatoes. Let me know what you think. It really is the perfect way to start the day like a true Brit. Enjoy with a cup of tea or coffee and of course a copy of the morning papers.

Adapted from ©www.youtube.com

### **TASK 3: THE GREAT FIRE OF LONDON**

Today, we're going to talk about one the biggest tragedies in British history. Let's go back to 1666. We are in one of the most populated cities in the world, the city of London. The city of London was a different place than it is now but even then it was the centre of England's trade and **finance**. The city was essentially medieval in its street plan.

In the middle of the night of Saturday September the **2<sup>nd</sup>** a fire started in Pudding Lane and spread rapidly across the city of London. Most people think it started in Thomas Farriner's **bakery**. Just think about it, a tiny spark from the bakery oven, a place full of food and cleaning products. It's the end of a long **dry** hot summer. The family is trapped upstairs but climbs from a window to the house next door trying to escape. It's a very busy neighborhood with buildings all made of **wood**. It's a windy night, there are flames everywhere and soon the whole city is on fire.

The great fire burned everything. It was a total calamity. More than 13,000 houses went up in smoke, **87** churches and 44 factories burnt to the ground; plus the fire destroyed the Royal Exchange and St Paul's Cathedral, well, the old Saint Paul's Cathedral.

The citizens did not know what to do. People were running for their lives taking their most valuable **possessions** and carrying their babies in their arms. Finally King Charles II sent the Duke of York with the army and they **exploded** buildings to stop

the fire from spreading. Almost all the buildings were destroyed or damaged. You could see clear across the city from wall to wall.

However, miraculously, four days later the city was back at work and Parliament decided to rebuild the city, only **bigger** and better.

The social and economic problems created by the disaster were impressive. London was reconstructed on essentially the same plan used before the fire.

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