

# Pruebas Específicas de Certificación 2021/2022

# Comprensión de Textos Escritos

# NIVEL B1 | INGLÉS

llidos:
nbre:
Alumno/a OFICIAL del grupo:
Indica el nombre de tu profesor/a-tutor/a:
Alumno/a LIBRE.

### **INSTRUCCIONES**

- Duración máxima: 60 minutos.
- Esta prueba consta de tres tareas:
  - o En la Tarea 1 tendrás que identificar las ideas generales del texto.
  - o En la Tarea 2 tendrás que entender las ideas principales del texto.
  - o En la Tarea 3 tendrás que comprender los detalles importantes de un texto.
- En cada tarea obtendrás: 1 punto por cada respuesta correcta; 0 puntos por cada respuesta incorrecta o no dada.
- Solo se admitirán respuestas escritas con bolígrafo azul o negro.
- Por favor, no escribas en los espacios sombreados destinados a la calificación de las tareas.

PUNTUACIÓN	NOTA FINAL	CALIFICACIÓN
		☐ Superado
/ 26	/ 10	☐ No Superado



Read the following pieces of news about amazing women and complete the task on page 2. Notice that the words or expressions in bold\* will appear in a glossary at the end of the text.

### **AMAZING WOMEN**

[0]
Last Thursday night, 14-year-old Zaila Avant-garde won the 2021 Scripps National <b>Spelling Bee*</b> . Her winning word – only one of the many difficult words she had to spell – was "murraya", a kind of tree. Amazingly, Zaila only started taking part in spelling bees two years ago.
Zaila's win makes her the first Black American to win the bee. She says, "I'm hoping that in a few years, I'll see a whole lot more African American females, and males too, doing well in the Scripps Spelling Bee."
[1]
Another kind of musical record was set this weekend when Taylor Swift's song "All Too Well" hit #1 on
the charts. Ms. Swift has had many number one songs, but this one was a little unusual, since it's over
10 minutes long.
Before this, the longest song to make #1 was "American Pie" by the songwriter Don Maclean. American
Pie was eight minutes and 42 seconds long.
[2]
Vanderbilt University senior Sarah Fuller has made history again, this time by becoming the first female
to score in a Power 5 college football game. "Power 5" stands for the five strongest and best college
football conferences.
Fuller is normally a soccer goalkeeper. In November, Fuller and her team won the Southeastern
Conference women's soccer championships.
[3]
Zara Rutherford is flying around the world by herself in a small plane. When she finishes her trip, which

will take over two months, she'll become the youngest woman to fly all the way around the globe by herself. She's just 19 years old.

Ms. Rutherford, who's British-Belgian, began her trip in Belgium on August 18. She plans to fly across five continents, through 52 countries before returning to Belgium in November.

# [4]\_\_\_\_\_

Last Saturday morning, Jasmine Harrison became the youngest woman to row alone across an ocean. It took the 21-year-old swimming teacher just over 70 days to row across the Atlantic Ocean.

Ms. Harrison, who's from North Yorkshire, England, didn't have loads of experience in rowing long distances. She'd only got the idea three years earlier when she happened to be in Antigua and saw the end of the 2017 Talisker Whisky Atlantic Challenge.

Septiembre 2022



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In February, Maya Gabeira of Brazil set a new surfing record for women when she tackled a 73.5-foot (22.4-meter) wave off the coast of Nazaré, Portugal.

But Gabeira's wave, and that of Justine Dupont, who came in second, had to be measured specially before the World Surf League would say publicly that she had also beaten the male winner, Kai Lenny. It turned out that both women beat Lenny's 70-foot (21.3-meter) wave. And Gabeira's wave was the biggest wave anyone – male or female – has surfed so far in 2020.

# [6]\_\_\_\_\_

Wednesday was a historic day in Sweden, as 54-year-old Magdalena Andersson was named prime minister. Ms. Andersson became the leader of Sweden's Social Democrats party earlier this month. But Ms. Andersson's term in office came to a quick end. Political differences in a deeply divided Parliament broke up the coalition that Ms. Andersson had put together.

Adapted from: NFK Editors

#### **GLOSSARY:**

Read the SEVEN pieces of news about amazing women on pages 1 and 2. Match each piece of news (1-6) with the heading (B-I) which best summarizes it. The first one is an example (0). There are TWO headings that you DO NOT NEED to use. Write your answers in the corresponding boxes. You will get 1 point per correct answer.

		ANSWER	
A.	Best speller in the country.	0	<b>√</b>
В.	An outstanding kick for a girl.		
C.	Best basketball player at university.		
D.	Head of government for a short time.		
E.	An unusually successful hit.		
F.	Crossing the ocean on her boat.		
G.	First female singer to be famous.		
Н.	Flying on a monster wave.		
I.	A five-continent flight goal.		
	MARK		/ 6

<sup>\*</sup> Spelling Bee: A spelling competition won by the person or team spelling the greatest number of words correctly.



Read the text about some science-based benefits of having a dog on pages 4 and 5 and choose the best title (A-L) for each paragraph (1-10). Notice that the title appears <u>before the paragraph</u> itself. There is ONE extra title that you DO NOT NEED to use. The first one (0) is an example. Write your answers in the corresponding boxes. You will get 1 point per correct answer.

	·	ANSWER	
A.	They make us more sociable and easier to talk to.		
В.	Our body's physical response to petting a dog.		
C.	The scientific reasons why life is better with a pet.	0	✓
D.	They help us get fitter.		
E.	They help elderly people with mental health problems.		
F.	They help us feel less alone and insular.		
G.	They teach us about compassion.		
H.	They help liberate a hormone that makes us happier.		
l.	They make us more good-looking and pleasant.		
J.	They help us live longer, reducing the risk of dying sooner.		
K.	Loving them is very much a question of science.		
L.	They help us recover from critical situations.		
	MARK		/ 10

Septiembre 2022 <u>3</u>



Apellidos y Nombre:

# TASK 2

Read the following text about some science-based benefits of having a dog and answer the questions on page 3.

10 SCIENCE-BASED BENEFITS OF HAVING A DOG By Kaitlyn Arford, Oct 20, 2020 [0] \_ C \_ \_ Unconditional love. Devoted companionship. Constant entertainment. Most of us dog lovers know that life is better with a dog. But is that knowledge based on a feeling—or is there something else at work? Well, there is: Science. Spending time with canine companions does wonders for your well-being. Recent research shows that owning a dog is good for you physically and emotionally. Dogs make us happier, healthier, and help us cope with a crisis—and can even help you get a date. Read on for 10 science-backed benefits of having a dog. Dogs can be there for you even when people can't. They offer unconditional love, emotional support, and constant cuddles that prevent social isolation. A small Australian study discovered that dog ownership reduces loneliness. [...]

[2] \_\_\_\_ [...] A comprehensive review of studies published between 1950 and 2019 found that dog owners had a lower risk of death. Studies suggest that dog owners have lower blood pressure levels and improved responses to stress. Even just living with a dog makes a difference—people who had experienced previous coronary events had an even higher level of risk reduction for death. Research has concluded that the bond between humans and dogs reduces stress, which is a major cause of cardiovascular problems.

[3] Your canine companion can offer comfort and ease your worries. Multiple studies show that dogs and therapy dogs help alleviate stress and anxiety. Even just petting a familiar dog lowers blood pressure, heart rate, slows breathing, and relaxes muscle tension. Scientists at Washington State University discovered that just 10 minutes petting a dog can have a significant impact. Study participants had a significant reduction in cortisol, a major stress hormone.

[4] \_\_\_\_ Dogs help us recover psychologically from a crisis. Purdue University's College of Veterinary Medicine discovered that military veterans with PTSD (\*Post-Traumatic Stress Disorder) do

4 Septiembre 2022

Source: https://www.akc.org



better both physiologically and psychologically when they have a service dog. Veterans with a service dog had significantly fewer symptoms of PTSD and showed improved coping skills.

[5] Those long treks along sidewalks, trails, and paths add up. A 2019 British study discovered that dog owners are nearly four times more likely than non-dog owners to meet daily physical activity guidelines. Dog owners spend nearly 300 minutes every week walking with their dogs. That's 200 more minutes walking than people without a puppy of their own.
[6] If you're looking for a date, it might be time to get a dog. A dog's presence may make people appear more likeable and attractive. In a series of studies, men were more likely to get a woman's phone number when they had a dog with them. In another study, researchers asked individuals to rate people in photographs and found that people looked happier and more relaxed when they appeared with a dog. []
[7] Walking with a canine companion can make us more approachable and give people a conversation starter. Think about how many times you've talked with other people, whether they're your neighbors or new friends, at the dog park. Researchers have found that about 40 percent of dog owners had an easier time making friends. Dogs are the perfect way to get to know strangers and form new friendships. []
[8] There's a reason why puppies are so irresistible: a dog's facial features possess an "infant schema." These "social releasers" trigger an innate caregiver response in humans. So the next time you can't stop watching that dog video, know those big eyes and floppy ears are scientifically appealing.
<b>[9]</b> Just looking at a dog can lift your spirits: a 2009 study in Japan found that staring into your dog's eyes raises your level of oxytocin, also known as the "love hormone." Besides the general health benefits of owning a dog, they are natural mood boosters. Those with AIDS are less likely to suffer from depression if they own a pet, according to a 2017 study.
[10] Studies exploring the effects of dogs on seniors found positive results. One study found that pet therapy improves the cognitive function of residents with mental illness in long-term care. Another showed significant decreases in agitated behaviors in seniors with dementia and improved social interactions. []



Read the following text about Oneika's travelling and teaching experiences and answer the questions on page 8. Notice the glossary at the end of the text.

#### HOW ONEIKA GETS TEACHING JOBS AROUND THE WORLD

**Oneika**: I am a serial **expat\***, blogger and travel junkie who has travelled to 68 countries around the world! I **hail\*** from Toronto, Canada, though my parents were born in sunny Jamaica.

This means that even though I'm used to cold weather, I hate it — the tropics run through my veins! I'm 31 years old and have been living abroad for over eight years now. While I'm a traveler at heart, I'm a teacher by trade and currently teach middle-school English at a private school in Hong Kong.

# What inspired your move to Hong Kong and love of travel?

My move to Hong Kong was inspired by a burning desire to work and travel in the Far East — Asian culture has always seemed so exotic to me, and the idea of living on the other side of the world appealed to me.

However, my first experience with intercontinental travel began during my third year of university, where I did a year-long study abroad program in France. After I realized that I could make money teaching, I spent a second year in France doing that and then moved on to do the same thing in Mexico.

Wanting more of a culture shock and remembering my initial desire to head to the Far East, I decided to look for teaching jobs in Asia.

#### What did you do to save up for all your travel?

As a university student, I worked odd jobs at a call center and a bank to fund my travels during school breaks. They were mostly low-paying jobs, but through diligence and penny pinching I was able to save \$4,000–\$7,000 USD from working part-time throughout the school year and nearly full-time from May to August.

My only regret is that I worked entirely in and around my hometown of Toronto and then used my money to take short trips internationally — somehow I never realized that I could make money whilst living abroad until I got into teaching!

At any rate, now that I've finished school, have moved abroad, and have been teaching full time for seven years, I try to put aside a set amount of money every month for my travel expenses. I try to cut out unnecessary spending (difficult, because I love to shop!) and prioritize travel instead.

### How do you stick to a budget when you travel?

I usually plan a trip with a set budget in mind. When I was planning my recent trip to Tokyo, I did a bit of research to get a feel for how much things like transportation, food, and accommodation would cost.



I used this information to decide how much money I would need to spend on the whole trip. I attempt to set a daily budget and try to use only cash or debit when paying for things — I avoid using my credit card at all times.

I try to walk or use the cheapest forms of public transportation once at a destination. Also, I'm at the point where I'll pick and choose which tourist attractions provide the best value: I realize I don't need to see everything, and am not interested in spending money on a random museum/shrine/temple just because it's listed in my guidebook! If money is an issue, I always advise people to only pay to see the things they truly care about

Source: https://www.nomadicmatt.com

#### **GLOSSARY:**

\*expat: abbreviation of expatriate, emigrant.

\*hail: be from.

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Read the text about Oneika's travelling and teaching experiences on pages 6 and 7. For questions 1-10 choose the best answer A, B or C. Only one of the answers is correct. Number 0 is given as an example. Write your answers in the corresponding boxes. You will get 1 point per correct answer. Notice that there is a glossary with difficult words (marked with an\*) after the text.

	ANSWER	
O. She thinks she prefers hot climates because  a. she has always lived in hot countries.  b. she can't live in countries with cold weather.  c. her parents were from Jamaica.	С	✓
1. She has always felt the need to a. work as a teacher. b. live in Asia. c. travel to Hong Kong.		
<ul><li>2. She started travelling to other continents</li><li>a. when she was at university.</li><li>b. after a teaching program in France.</li><li>c. when she moved to Mexico.</li></ul>		
3. She started to teach a. at university. b. in France. c. in Mexico.		
<ul><li>4. She decided to find a job in Asia because she wanted to</li><li>a. teach there.</li><li>b. study the Asian continent.</li><li>c. experience Asian culture.</li></ul>		
5. At university, Oneika used to travel a. on school days. b. on school holidays. c. from May to August.		
6. After starting teaching, she found out she could at the same time a. leave Toronto and work b. work and live abroad c. teach and study abroad		
7. Every month, she keeps all the money she to pay for her travels a. finds b. makes c. can		
8. Checking the cost of food in Tokyo helped her her budget to go there a. reduce b. decide on c. increase		
<ul><li>9. If it is possible, she tries not to</li><li>a. keep to her budget.</li><li>b. use cash.</li><li>c. pay with her credit card.</li></ul>		
<ul><li>10. One of these three sentences is RIGHT.</li><li>a. She never chooses free tourist attractions.</li><li>b. She is conscious she doesn't have to see everything.</li><li>c. She always chooses the attractions listed in her guidebook.</li></ul>		
MARK		/ 10

Septiembre 2022