

# DE IDIOMAS DE CANTABRIA

### PRUEBA DE CERTIFICACIÓN NIVEL INTERMEDIO INGLÉS

#### **COMPRENSIÓN DE LECTURA**

#### Duración de la prueba: 50 minutos

- No abra el cuadernillo de examen hasta que se lo indique su profesor.
- Las tareas deben escribirse con bolígrafo negro o azul (no con lápiz) y en el espacio indicado. No escriba en las zonas sombreadas.
- Haga todas las tareas. Al principio de cada tarea hay un ejemplo ilustrativo con el número cero.
- Al final de la prueba entregue dentro del cuadernillo todo el papel de borrador utilizado.
- Permanezca en su asiento hasta que el profesor indique el final de la prueba.

#### TASK 1

Read the text and complete gaps 1-10 with a word from the list that comes after the text. Each word can only be used ONCE. There are FOUR words that you do not need to use. Number 0 has been completed as an example.

(Marking:  $10 \times 1 = 10 \text{ points}$ )

#### WHAT IS VOLUNTOURISM?

The modern version	of Voluntourism	started in the 1960s. The ph	ilosophy was that ve	olunteers could and should
serve their country b	y living and wor	king in developing countries,	0 providing aid,	and assisting in the peace
process by interacting	•			
		developed into volunteer trave		
		, people desire a sense of pur		activities. Sunbathing on a
		nany people desire a more <b>4</b> Voluntourism is defined as "ar		ation of voluntary service to
		ditional elements of travel—ar		
n that destination."			.c, cana.c, gccg.ap.	.,,
		a place to improve 6	•	o-cultural development, or
		ding volunteer assistance and	· ·	
		cipants an opportunity to inter		
		tensifies their understanding	•	
	· · · · · · · · · · · · · · · · · · ·	in connection with their leis		
		donating time and materials		
		of this type of experiential		
voluntourists genera esidents.	illy feel that they	've received 10 mo	ore than they've give	en to the destination and its
esidents.			Adapted from ©	www.responsibletravelreport.com
APPEALS	EVER	GAIN	LOT	
ATTRACTS	FAR	HOWEVER	MEANINGFUL	
ECONOMIC	FOR	IN ADDITION	NEVER	TREND

#### TASK 2

Read the following text and fill in gaps 1-10 with the correct sentence A-M. There are TWO extra sentences. Number 0 has been completed as an example.

(Marking:  $10 \times 1 = 10 \text{ points}$ )

#### **SUPER SIZE AMERICA; SUPER SIZE WORLD?**

In the past year, the adult obesity rate rose 0J Despite campaigns to make people aware of the
dangers of over-eating, about 119 million, or 64.5% of US adults <b>1</b> Worryingly, this figure is predicted to rise to 73% by the end of this year. What does this mean for America? Already 300,000 deaths each year are caused by obesity (only smoking kills more people), and the annual cost to the country is around \$100 billion.
Many people blame the fast food industry, 2, for the worrying increase. The average American
now consumes about three hamburgers and four portions of French fries every week. That's 90 grams of
fat and 2,250 calories (the average person needs about 2,000 calories a day). A recent survey found that
every month 90% of America children eat at least one meal in a fast food restaurant.
Most Americans know 3 It is high in calories, fat, salt, and sugar. Yet fast food restaurants are
part of American life. After World War II, higher salaries and productivity, together with technological
developments and increased consumerism, made the fast-food restaurant popular. It represented a modern
lifestyle, and is still a popular place for teenagers to get together with friends. The food is cheap,
4 The advertising is often aimed at children, with offers of entertainment and free gifts.
Another factor in fast-food sales -not only in the US, but all over the world- is our increasingly busy lifestyle.
In the past, families ate a home-cooked meal together at dinner time. These days, meals can be eaten at
any hour of the day, 5not always nutritious- that is available '24/7'. America invented the 'TV
dinner', 6
Finding nutritious food is also difficult in schools, which often have contracts with fast-food suppliers and
drinks companies. Teenage boys in the US each drink an average of 868 cans of fizzy drinks per year.
Exercise in schools 7 But obesity is no longer only America's problem –Europe is also getting
fatter. It is estimated that over one million children in the UK 8
Food and nutrition in schools has a direct influence on student's performance in the classroom and poor
diet has negative effects on 9 Jamie Oliver, a British celebrity chef, introduced the idea of
healthier school food in a TV programme in 2005. As a result of this, many schools in England changed
their lunch menus and introduced vending machines selling fresh fruit, nuts, and yogurt drinks. These
however, 10, who continue to buy junk food outside school for snacks and lunch. It is important
to educate students about diet, nutrition and healthy habits.

Adapted from © www.csmonitor.com

- A. and it is something that most people around the world now enjoy
- B. and many say they love the taste
- C. and people rely on easy, instant food
- D. are either overweight or obese
- E. are not always popular with the pupils
- F. are obese and this number has tripled over the past 20 years
- G. are so expensive that students
- H. both concentration and behaviour
- I. has become less important too

#### J. in 48 of America's 52 states

- K. that fast food isn't good for them
- L. together with sedentary lifestyles
- M. wherever they are



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## INGLÉS - NIVEL INTERMEDIO COMPRENSIÓN DE LECTURA

### **KEY**

## TASK 1 WHAT IS VOLUNTOURISM?

0	Providing	✓
1	SINCE	
2	EVER	
3	APPEALS	
4	MEANINGFUL	
5	TREND	

6	ECONOMIC	
7	IN ADDITION	
8	GAIN	
9	FOR	
10	FAR	

10

TASK 2
SUPER SIZE AMERICA; SUPER SIZE WORLD?

0	J
1	D/F
2	L
3	K
4	В
5	С

6	Α
7	I
8	F/D
9	Н
10	E

10