

INGLÉS

CERTIFICADO DE NIVEL INTERMEDIO B1

CONVOCATORIA JUNIO 2022

COMPRENSIÓN DE TEXTOS ESCRITOS

ALUMNO: OFICIAL	LIBRE	THAT'S ENGLISH
APELLIDOS:		_ NOMBRE:
DNI/NIE.		FOI

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

DURACIÓN: 50 minutos

- Esta parte consta de tres tareas.
- Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en rojo no se calificarán.
- No escriba en los recuadros sombreados.
- No está permitido el uso de diccionarios.

	TAREA 1	TAREA 2	TAREA 3	TOTAL	CALIFICACIÓN
PUNTOS				/ 25	/ 10

TASK 1 (8 X 1 mark = 8 marks)

Read the following texts and match them to the most suitable heading from the list on the next page. Each heading can be used only ONCE. There are THREE headings you will not need. Text 0 is an example.

LIVING WITH YOUR PARENTS AS AN ADULT

Tips from people to reduce the problems of living at home again

TEXT 0.

Your parents have private spaces in their house and you, apparently, also have yours. Make it clear to your parents that your room is your room and their room is their room and while you appreciate the fact that your mom wants to wash your clothes for you, you'd really prefer to do it yourself.

TEXT 1.

Do an honest evaluation of your relationship with your parents. Do you know what their dayto-day looks like? Do you know things like what they eat or what they might expect from you if you're living with them? Do you generally get on well? If it seems like the answers might be "no", go and live with friends for a while instead.

TEXT 2.

How do you want to remember your time with your parents? Disagreements are probably inevitable, but it depends on you to choose positive memories over negative memories. One way or another, you will have your own living space in the future. So spend that time at home with your parents peacefully. These are the people who created you, after all.

TEXT 3.

This stage of your life is totally different from the last one where you lived with your parents. A good way to understand this conceptually is by agreeing to treat each other as people sharing a flat instead of parents and children. It puts you on a more equal place than you would be in a different situation.

TEXT 4.

One piece of advice is to remember that little actions like helping with vacuuming or dusting shared spaces really help keep good vibes going. As often as possible, volunteer to do the grocery shopping or wash the bedclothes.

TEXT 5.

It is also advisable to eat separate meals at times, even if you're all eating at home. Family dinners are great (especially when it means you don't have to cook), but eating on your own or with your partner can help you feel independent.

TEXT 6.

Sometimes parents are at a very different point in life than their children are. A 23-year-old adult tends to have more late-night meetings with friends than early morning fitness routines, while their parents are health-conscious people who "willingly wake up at 5 a.m. to exercise and enjoy it". Tell them it's OK to have different habits.

MARK

TEXT 7.

If your parents are going back into acting like *parents*, it's OK to remind them that you're not a child anymore. Try not to do it in the moment that they bother you, but if you're feeling like you need them to treat you more like an adult, it's totally fine to tell them that.

TEXT 8.

Living with your parents and with your partner can be especially tiring. Some young couples take one weekend away and *immediately* feel better around each other than they had felt before. But even if you're single, taking time away from home will definitely do you good. Think of those friends from college that you've been trying to visit many times.

Adapted from www.bustle.com and www.businessinsider.com

LIVING WITH YOUR PARENTS AS AN ADULT

Tips from people to reduce the problems of living at home again

- A. Admit that you have different lifestyles
- B. Eat individual meals sometimes
- C. Feel comfortable you can share everything
- D. Forget about living with your parents unless you have a good relationship
- E. Give a friendly explanation that treating you as a kid is unacceptable
- F. Make sure you always eat meals individually
- G. Remember that small gestures make a big difference

H. Respect personal space and demand respect for yours

- I. Spend some nights out even if you don't have a partner
- J. Tell them you will always be their kid
- K. Treat each other like housemates
- L. When you live together, avoid fights

ТЕХТ	0	1	2	3	4	5	6	7	8
HEADING	Н								
	~								

TASK 2 (8 x 1 mark = 8 marks)

Read the following text and choose the option (a, b or c) which best completes the sentences according to the text. Then write your answers in the corresponding box on the next page. Sentence 0 is an example.

MARK

HOW ENGLISH IMPROVED MY LIFE

Learning English has changed Camilla's life and it allowed her to improve her work

My interest in the English language goes back to when I was a teenager. I liked to listen to popular bands like Queen, and I really wanted to understand what they were saying in their lyrics, so I started to translate the songs by writing them down.

Sardinia is a small island in the middle of the Mediterranean Sea, and my home town is in the centre of the island. You don't have a lot of tourists there. I wouldn't say it was very international, and in my experience, it's quite difficult to learn English in these circumstances. You have to really want to do this; you have to make the extra effort and be enthusiastic.

Originally my dream was to be a translator, and the first step on this journey was to study foreign languages at the University of Cagliari in Sardinia. After this, I moved to London and took a hospitality and hotel management course with the purpose of working in the hotel industry. When I was improving my English during this period, I was very curious, and I wanted to understand what people who spoke English were actually saying. There is so much to take into account, such as grammar and phonetics, and I wanted to know more about these things.

I realised it was easy for me to memorise the words in different languages, easy to understand English in the books, in songs and in movies—but the only way to learn it properly is to immerse yourself with English speakers and practise every day.

I just went from university life into the hotel industry and sometimes it was really hard: Every single day was different, and sometimes you had to deal with difficult customers who had complaints, and you had to do it in English, of course. I found this a big mental effort to deal with, as you have to control your emotions, concentrate on what you're saying and keep professional! In London, I was offered a paid internship in a hotel, which started my career. Over the next few years, I got a job as a full-time receptionist and got promoted to team leader in luxury five-star hotels. I travelled a lot, including many trips to Europe, the USA and Asia and I found it was much easier having learned English, as I was always able to communicate wherever I went.

After five years in London, I moved to Milan to take on a new adventure. At the moment I am working as an office manager for an insurance company, which is a new and challenging experience. I still have to use English in my job since in this company English is absolutely necessary. In fact, we've just opened a branch in London, and I was involved in the project because of my English skills. This project was a really interesting challenge.

I find inspiration in people who do not give up. I've taken different career paths and I have a natural desire to keep moving, and if I ever feel like I want to give up, I usually read inspiring blogs from people who have overcome difficulties and made it – especially women!

In the future, I will travel again and maybe even try a new profession, but for the moment, I would like to keep going in this company and get better positions.

Looking back, I think my greatest achievement has been making a new life for myself in London. I was 24 years old when I arrived, and moving to a massive city is not easy when

you come from such a small island. It can make you feel lonely at times but I created a new life, a new set of friends, a career—and I was happy.

Adapted from © www.cambridgeenglish.org

0.	Camilla's interest in learning English	
	n. has always been there.	
	b. started when she was young.	
	. was a necessity in order to translate texts.	
9.	he experience of learning English in her hometown was	
	. difficult because of the lack of tourists.	
	. good enough because the island was international.	
	. very easy because there were many tourists.	
10	Camilla went to London and took a course to	
	. deal with customers.	
	discover the city.	
	. work in a factory.	
11	When she finished university and started working	
	everything was difficult.	
	everything was easy.	
	. things were hard at times.	
12	Regarding work in London, she	
	. had to work for free when she did an internship.	
	was offered a part-time job.	
	. was responsible of people in expensive hotels.	
13	When she was in London and had to go on trips, she thought	
	. it was harder to communicate with others.	
	 she should study more to communicate with people. 	
	. studying English made the experience less difficult.	
14	When she moved to Milan, she	Γ
	. could practise her English from time to time.	
	needed English to work for her company.	
	. was not part of a project in London.	
15	Camilla	
	. is comfortable at work and does not want any change.	
	. really wants to find a new job in a foreign country.	
	. would like to improve her working conditions in her current company.	
16	Looking back, Camilla	
	. found it difficult to make new friends in a big city.	
	is proud of having made a new life for herself abroad.	
	remembers that she felt lonely many times.	

TASK 3 (9 x 1 mark = 9 marks)

Read the text and complete each blank with ONE suitable word from the list supplied on the next page. Then write your answers in the boxes. Each word can be used only ONCE. There are FOUR words you will not need. Blank 0 is an example.

JUST SHOW UP AND DANCE!

Dance-fitness teacher Daisy Saunders explains some of the positive benefits of dancing

The beautiful thing about many dance styles is that you don't need a partner. Only yourself and proper shoes. The woman I am ______ [0] today, Mary, is one of my students. She can't remember a time when she didn't want to dance. She saw it as dancing, but others just saw her moving ______ [17] style. In high-school, her band teacher told her that "she had no rhythm". Mary was shy, but she gradually became comfortable dancing with and by herself.

Over 40 years _____ [18], dancing is her main form of exercise. When I met her, I immediately noticed her strength, muscle tone, and agility (for a person in her late sixties). Mary informed me that she watches her diet and dances three or four times a week, but always by herself, without a partner. From early childhood she has _____ [19] time to dance even if it was only for 15 or 20 minutes.

Dancing is a recreational activity but it is not valued enough: especially among active older adults and people with mobility _____ [20], any dance style (reggae, hip hop, classical...) will have numerous benefits: physical, mental, and social. Your age or physical limitations are not important; _____ [21] are many reasons to dance.

When you relax, you realize that dancing is fun. The music, rhythm and movements—even when you make mistakes—give you a(n) _____ [22] experience. For example, some dance genres, like Zumba® (a Latin-inspired, cardio-based, dance-fitness program), create an atmosphere that is great for the mind, body and soul. And it is even better when the teacher uses some of your favourite songs.

With dancing, you can get a total body workout. The number of calories burned in an hour varies – but dancing can burn around 200 calories per hour. It works major muscles and it will ______ [23] your strength, flexibility, and agility. Dancing is also a(n)

[24] to increase your social interactions and connections while you learn some new and exciting skills in a safe environment.

It's _____ [25] too late to start dancing. You don't need rhythm, you don't need to jump. You don't have to be good. All you have to do is to show up and move—in your place, moving your arms or even sitting in your chair. It doesn't matter whether you are standing or sitting, just move. Your body, mind and soul will thank you -now and in the future.

Adapted from $\ensuremath{\textcircled{C}}$ www.ezinearticles.com

MARK

JUST SHOW UP AND DANCE!

Dance-fitness teacher Daisy Saunders tells us about some of the positive benefits of dancing

AGO	FOUND	LATER	PROBLEMS	WASTED
ANSWERS	IMPROVE	NEVER	SATISFYING	WITHOUT
BECAUSE	INTERVIEWING	OPPORTUNITY	THERE	

0.	INTERVIEWING	1
17.		
18.		
19.		
20.		

21.	
22.	
23.	
24.	
25.	