

TASK 1: TIPS FOR MOVING ABROAD

TEXT	1	2	3	4	5	6	7	8
HEADING	B	G	C	E	H	I	F	J

TASK 2: THE STORY OF *THE SPICE GIRLS*

SENTENCE	9	10	11	12	13	14	15	16
OPTION	A	A	C	C	B	B	B	C

TASK 3: THE HOLLYWOOD WALK OF FAME

		21.	HAD
17.	PAINTED	22.	STOLEN
18.	PROCESS	23.	CHARACTERS
19.	ATTEND	24.	EXAMPLES
20.	EXISTS	25.	WHOSE

TASK 1: WHAT WE DO IN OUR FREE TIME

QUESTION	1	2	3	4	5	6	7	8
LETTER	C	J	F	E	A	I	K	M

TASK 2: GRANDMOTHERS LOOKING AFTER THEIR GRANDCHILDREN

QUESTION	9	10	11	12	13	14	15	16
LETTER	B	B	A	C	A	A	C	B

TASK 3: NORA'S CHILDHOOD MEMORIES

17	STRESSED
18	SICK
19	ONLY CHILD
20	LEFT HAND
21	CURLY
22	INTERESTING
23	MOVED AROUND
24	OTHER PEOPLE'S / PEOPLE'S
25	PROBLEM PAGES

Nota:

- No se penalizarán los errores de ortografía que no alteren esencialmente el significado de la palabra, frase o expresión requeridas.
- Ítems 19, 20, 23 y 25: Será necesario que las dos palabras estén presentes para poder otorgar 1 punto al alumno. Ningún ítem podrá puntuarse con 0,5 puntos.

TRANSCRIPT

TASK 1: WHAT WE DO IN OUR FREE TIME

EXTRACT 0-[D] Helping others can help you in the future.

...can build up confidence, self-confidence, and of course, you're helping somebody else out who needs help. Sometimes it will be a requirement to have experience through volunteering or other experiences. If you want to carry on in the future to do, say, training, teaching, or other work with children or young people, then you're going to need to show when you apply for courses that you've volunteered or at least you have experience in working with young people.

EXTRACT 1-[C] Giving lots of examples of hobbies to try

Want to take on a new hobby to fill up some free time? Looking to learn a new skill? Trying to take on a fun new challenge? Soccer, football, swimming, weightlifting, basketball, martial arts: This can go anywhere from taekwondo to kick boxing, karate...there's so many different kinds out there! Don't want to be indoors? How about some outdoor things? Hiking, camping, birdwatching...Ok, on to the musical section: (sings) Do, re, mi...songwriting, I started this skill last summer and I've been having a lot of fun with it ever since- Guitar: I also did this one last month...(fades).

EXTRACT 2-[J] This person discusses many aspects of cinema.

I love watching movies! At the cinema, on TV, or on my computer. Hollywood, blockbusters, black and white movies from the 50s, independent movies, they're all good! Recently, I've got into watching foreign movies. The first film I saw at the movie theatre was *Star Wars*: I was amazed at the special effects! Nowadays, so many movies have such good computer graphics that we forget how special the effects are. The sound has to be up to the max and the lights have to be...(fades).

EXTRACT 3-[F] On lazy days the gym is better than your home.

So, if it's just one of those days where you'd rather stay home on the couch as opposed to go train, remember that you have a goal, you know, you put your gym clothes on, you travel to the gym, you put your headphones in, do your warm-up, do your first set...As you do those things, and before you know it, you're right in the middle of your workout and you realize it's not a big deal. Erhm, you might even enjoy it. And soon enough, the work is all done, and, when you're done, you always feel way better than if you'd stayed at home and skipped it. And, in the end, you always end up thanking yourself for it.

EXTRACT 4-[E] Movement and perfection are important.

Erhm, I'm not a very patient person, and I, I need to move around a lot, so, things like fishing never really caught my eye. Photography for me is something that is... is really dynamic because one inch is all that it takes to change an entire picture. And to me, that's really exciting: trying to find the perfect picture, trying to find the right composition, trying to find the right light. And so, it's a lot of fun to search for that but also, it gets my hands moving a lot.

EXTRACT 5-[A] Abandoning an activity to appreciate other things

Maybe you think I'm crazy, but I do not listen to music. When I was a teenager, I downloaded so much music from the Internet! I copied the CDs from the library, all the music my friends had...One day, when I was in Italy on vacation and I was listening to

music, after like half an hour I took off my headphones and it felt so good! The silence, the space I got in my mind to think, it was so much better without music!

EXTRACT 6-[I] The promise that you can rest keeps you going.

And the hardest part of our running is your body telling you to stop and that it's too hard. My trick around this is to tell myself: "Oh, I'll just take a break at the end of this song!" And then, when the song ends, "Oh, let's just get around the corner of this block first, and then we'll take a break." The truth is, my body always tells me I can't do it. And every time I try my hardest to tell it that it's wrong. Sometimes it doesn't work, and that's ok too. At the end of the day, when I've finished a run, no matter how far I went, or how it goes, I feel proud of myself because at least I proved that I could get up and move!

EXTRACT 7-[K] This practice develops creativity and many other skills.

Every single time I finish a yoga class, all I want to do is create. Baking a new recipe, or painting, or drawing, or sketching, or writing or poetry...I've developed skills I never knew I had. Just doing more things I love to do. I...have been reading! And I'm so happy that I'm reading now, but in all, it really just allowed me to have creativity and I was able to be so much more creative!

EXTRACT 8-[M] Write as much or as little as you need to.

Don't put too much pressure on yourself to write three pages every day. There are instances where I will literally write, like, one sentence and then, on other days, I will write, like, three whole pages. Usually I'd have points of, like, big life decisions: those are the times when I write big journal entries like that. I kind of imagine all my thoughts leaving my head and going out to those paper (sic), so that I can give myself more mental clarity. And the result is that I get to focus on what actually matters in my life.

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TASK 2: GRANDMOTHERS LOOKING AFTER THEIR GRANDCHILDREN

Across Europe grandparents are playing a major role in looking after their grandchildren, often to enable parents, especially mothers, to work.

Let's hear from grandmothers themselves about the childcare they're providing and what support they need.

My name's Astrid French. I'm 67 years old. **I retired about five years ago.** My daughter had one child, Arlo, and when she went back to work part-time, we then used to look after Arlo about one day a week. At the moment, she's on maternity leave because she's just had her second child, and...(Luca), and she will go back again to work and then **we will start from October. We will start looking after Luca and Arlo.** Although it's lovely and we really love our grandson, and he's brought great joy to us and it's really enriched our lives without any question of a doubt, it is still something that's a commitment that you have to do at the moment every Monday and Thursday we're looking after Arlo. So, **there's lots of things that we can't do.** Now, we're lucky in that we're retired, that we are comfortable enough, that we don't have to worry financially. But there are many parents out there or grandparents out there that can't afford to retire. It's not possible for my daughter to go to work for three days. **She doesn't get paid enough money to pay a child mind 50/60 pound a day.** It's,

it's, it's just not worth it going to work. So, it's extremely difficult for her to manage if... if we weren't looking after Arlo.

I think women today are much more aware of the kind of the quality of care they want their children to have. The state should provide decent affordable childcare for parents. It wants women to work, it wants people to work, then you have to provide as a, as a society, **decent good childcare and that is just not available.**

At the moment, most of the informal childcare is provided by grandmothers like Astrid who aren't working, but this picture is changing as we will see from our next grandmother:

My name is Joyce Jacca, I'm 52 and I live in Deptford London. My profession is Community Development. I have three children: twins who are 22 and a son who's 14 next week. **I've got three, three grandchildren and another one on the way.** I will do things like collect them from school. I'll collect from nursery because next week **my daughter is going back to college so a few days a week I'll have to go to the nursery and collect,** and maybe a few days a week they might stay over and then I might take them before I go to work.

Recently, **Monique went to college, and she has two children, and the childcare..., they would only pay for one child.** So, we have to take him in time, you know, pick him up, bring him home. We just have to share that shaker so she could complete her course.

I love being a grandmother and I like spending time with them. My mum helped me; my grandmother helped me. **I loved them, and because that's what I need to do, that's what I should do.**

Compared to the UK, in European countries where there is less state support for families and childcare, fewer mothers tend to work and where they do work, they rely heavily on grandparents to provide childcare.

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TASK 3: NORA'S CHILDHOOD MEMORIES

Hello, this is Nora. I was born in the late 1970s in a small city called Torrance, California, which is in the United States of America. We lived near the sea. My mom and dad were very young when they married. She was 22 and he was 26, a nurse and a builder. It wasn't long after their marriage when they had me, and I am the first of three children.

Life was lovely when I was little. We had very little money, just like everyone around us in that time but, my dad is the hardest working person I've ever known. I'm quite a lot like him, we're close and I've always been able to go to him for advice and support. He's a really good man, he is very sensitive but he was **stressed** out a lot when I was younger. He hasn't always made the right decisions, but, right or wrong, he's always tried his best for me.

By the time I started school, my sister was born. Life changed a lot. She was **sick**, and in a lot of pain. I was a very sensitive and empathetic child and learned very quickly to put myself aside. The new baby took up all of my mom's time all of a sudden. But, I'd always been very happy in my own company anyway, being an **only child** for about

four years. I was a very quiet and well-behaved child, emotionally older than my years and loved playing and making mud pies and coloring.

Primary school was fun! I had lots of friends. There were some really lovely teachers but some mean ones, too. One in particular would hit me when I used to use a pen with my **left hand**. She shouted all the time and once pulled me to the principal's office by my ear. Thankfully, she left school, and it was fun again. At age 8, I already had the nickname "Granny" due to my short, **curly**, blond hair, which I hated.

Around that time, my brother was born. He was the loveliest baby and such a funny boy. He was sensitive and empathetic, just like me, and I felt very protective over him. We had a lovely bond, and still do. Being eight years older than him, he looked up to me and now I look up to him, because he is so tall. He's done a lot of **interesting** things in his life so far, and now he is a doctor!

Life with my dad was full of new beginnings: we **moved around** a lot. After finishing work, dad would come home and he would start work again on our house. Once he was done, we'd move to another house and start all over again. Eventually, we arrived at a lovely place that he thought would be nice earth to grow up in, and it really was! It was a small green village just outside of town. It was so great, and I could go out with my bike all day long, play in the fields, go to the park...

Changing schools, though, was really difficult for me. Being the new kid, I got bullied a lot by a group of girls. Once I'd been there a while, though, I made really good friends and everyone lived nearby. It was great to go for sleepovers, have dinner at **other people's** houses...I became an extra family member in a few households in that area.

Food wasn't very nice at my house because my mom has never been much of a cook. The shopping ran out really fast. I had a favorite dinner in all of my friends' houses and I'd tidy up my friends' bedrooms and be extra polite so I was always invited back. My favorite things to do on sleepovers was to invent dances to pop songs and read the **problem pages** in girls' magazines.

With both my parents working a lot, I got very used to taking care of my brother and sister. When they were home, though, I preferred my own company and, if they went out, I'd sneak out my dad's old Beatles and Stones records.

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