

INGLÉS

CERTIFICADO DE NIVEL INTERMEDIO B1

CONVOCATORIA ORDINARIA 2021

COMPRENSIÓN DE TEXTOS ESCRITOS

APELLIDOS: _____ NOMBRE: _____

DNI/NIE: _____ EOI: _____

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

DURACIÓN: 50 minutos

- Esta parte consta de tres tareas.
- Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en rojo no se calificarán.
- No escriba en los recuadros sombreados.
- No está permitido el uso de diccionarios.

IN B1 21 OR CTE

	TAREA 1	TAREA 2	TAREA 3	TOTAL
PUNTOS				/ 25

CALIFICACIÓN
/ 10

TASK 1 (7 X 1 mark = 7 marks)

Read the following texts and match them to the most suitable heading from the list on the next page. Each heading can be used only ONCE. There are THREE headings you will not need. Text 0 is an example.

MARK

WHY I LOVE NETFLIX AND YOU SHOULD TOO

Some reasons why Netflix is great entertainment

TEXT 0

For around 10 dollars a month you have access to lots of TV shows and movies that quickly become your favorite. Isn't this much more reasonable than the cost of cable (10 times more) which has content that most often isn't what you want to watch anyway?

TEXT 1

Although we all love massages and trips to the beach, they can end up being rather costly. Let's be honest with ourselves: Those of us who use Netflix can lower our stress levels thanks to occasional marathon sessions of our beloved series or simply our favorite episode.

TEXT 2

Do you want to relax after a long day at work but you also want to spend some time with your friends? What better way to solve this problem than a social gathering involving a negotiation of what show everyone feels like watching today?

TEXT 3

Netflix works perfectly on my Blu-Ray player, cell phone, PC... do not worry because practically any gadget you can have probably has the technical capability to open Netflix – I've got a lot of gadgets, and I love being able to open it in all of them.

TEXT 4

Netflix has so much material that anyone can find something they will enjoy after some research. I can understand that not everyone enjoys my favorite series or movies as much as I do. Everyone is different. Netflix understands that and will offer you what you want.

TEXT 5

Every month, my \$8 contribution for a single account allows my sister, boyfriend, parents, and friends to enjoy Netflix without paying for it too or having to open new accounts. If you love being generous, what can be better than that?

TEXT 6

I really hate wasting my time, which is exactly what most advertisements do. With Netflix, I don't have to fast forward. All ads are removed for me automatically, just like if I owned the terribly expensive DVDs.

TEXT 7

Some of my favorite shows aren't on normal TV, they're on what we call "pay per view" channels. Amazing documentaries you didn't even know existed, movies in their extended version, TV shows and movies you watched when you were 11... The content seems to be never-ending.

(Adapted from) © www.academysuccess.com; www.theodysseyonline.com

WHY I LOVE NETFLIX AND YOU SHOULD TOO

Some reasons why Netflix is great entertainment

- A. A platform that can be used in most devices
- B. Content available for all tastes
- C. Everyone loves the same movies and series
- D. ~~Incredibly inexpensive source of entertainment~~**
- E. Lots of exclusive content only here
- F. Much cheaper than other relaxation methods
- G. Netflix has no commercials, ever
- H. Open different accounts for 8 dollars
- I. Sharing your account with others is possible
- J. The perfect plan for stay-in nights with others
- K. You will stay at home every single night

TEXT	0	1	2	3	4	5	6	7
HEADING	<i>D</i>							
	✓							

TASK 2 (9 x 1 mark = 9 marks)

Read the following text and choose the option (a, b or c) which best completes the items according to the text. Then write your answer in the corresponding box on the next page. Item 0 is an example.

MARK

LEAVING A 9-TO-5 JOB

Taylor Adams explains what happens after leaving a traditional job

I write this text with a view of downtown Dallas. It's 11:30 a.m. on a Tuesday, and I'm wearing yoga clothes. All this still feels weird: About a month ago, I left a job that provided a comfortable salary. I didn't leave for another post that paid more or one that is in one of these beautiful skyscrapers that I can see from my desktop right now.

I left a very stable job for this: enjoying a slow morning before doing what I love. Today, I started the day by putting together a quick listing of food events in Dallas. Later, I'll write a profile of someone in the restaurant industry.

I'm 29. And yeah, I was hiding that fact, because I did not want to be categorized as the stereotypical millennial: dreaming of changing the world and bravely saying "goodbye" to conformity. I would love to change the world, true—but I'm realistic about it, at least.

Someone I knew died this past summer. He was a mentor to many people, he had a kind personality and was an influential leader. I was sitting uncomfortably in a chair in a cubicle office when I heard about his death. I was sorry for his husband and the people who loved him. His death reminded me that life is short, too short: We should love the person we are with or the work we're supposed to do. We should make a difference where and when we can.



Leaving the desk job wasn't a quick decision or a recent idea: I've been working two jobs for years, working all day every day. It took years for me to seriously consider this change. And even when I could do it financially, it still wasn't an easy step. I worried about health insurance, not getting my cheques every month or what people would think. But once the idea became a possibility, working with my colleagues at the day job became harder, because I knew what I was supposed to do.

Most of us incline towards either freedom or stability. For most of my adult life, I chose stability. In the last year, I realized I was ignoring an entrepreneurial spirit I thought I did not have, and I've made changes that would have terrified me in the past: I left a bad relationship, moved downtown to an apartment by myself and, eventually, left the 9-to-5 life.

I have mixed feelings: I know leaving the 9-to-5 job was the right decision. I can write what I want when I want and make enough money. I can go to a meeting and not worry about having to leave work early. But I often wake up around 3 a.m. wondering if I did the right thing. I know that as a writer, I have to accept that I will earn enough money to survive, but this money will always be very little. I've figured out a solution to get health insurance. But is it possible for me to make enough money to buy another home again? I'm not sure.

When people ask what I do, and I say, "I'm a writer" I am worried that I give them the impression that I'm like the bohemian writer Ernest Hemingway—that I am always sleeping

late, drinking too much and writing only at night. That worry is one that kept me in the unsatisfying desk job I had. But then I thought again about how short life is.

I can try to live a life that means something to me. I can write stories about my city. I can volunteer if I want while others work.

I'm fortunate to know what I want and to have the opportunity to do it. It's not a second job like when I was in a full-time job. It's now my life.

(Adapted from) © www.gutsybroads.com

LEAVING A 9-TO-5 JOB

Taylor Adams explains what happens after leaving a traditional job

0. The writer finds it weird that he...

- a. decided to leave a position where he earned good money.**
- b. is living in a skyscraper right now.*
- c. wanted to be fired from a job where he felt comfortable.*

A
✓

8. The reason for this change was that he...

- a. had always wanted to work in the restaurant industry.
- b. likes getting together with people at food events around Dallas.
- c. wants to enjoy both his free time and working hours.

9. He was hiding he is a millennial too because he...

- a. believes people his age are too conformist.
- b. can see that changing the world is difficult.
- c. knows millennials are too realistic.

10. He tells us about the person who died because...

- a. he realized we should love people in our life.
- b. this made him feel uncomfortable at work.
- c. we should waste no time and look for happiness.

11. It took him a long time to decide to quit the job because he...

- a. had always found it difficult to make quick decisions.
- b. was scared of some possible future problems.
- c. was used to working with his colleagues.

12. In the last year, he has found out that he...

- a. had always been inclined towards freedom.
- b. had never had freedom to choose.
- c. needed to make some difficult changes.

13. Also in the last year, he has...

- a. begun doing things that terrified him.
- b. discovered he loves moving house.
- c. started a new romantic relationship.

14. Sometimes he wakes up in the middle of the night because he...

- a. is convinced his previous job was the right one.
- b. feels his budget is limited.
- c. worries about his health.

15. He is worried about...

- a. getting unhealthy habits.
- b. giving a wrong idea about himself.
- c. the way he looks.

16. He concludes by telling us that his current job...

- a. allows him to live a meaningful, satisfying life.
- b. is quite similar to his full-time job.
- c. makes him want to earn a fortune.

TASK 3 (9 x 1 mark = 9 marks)

Read the text and complete each blank with ONE suitable word from the list supplied on the next page. Then write your answers in the boxes. Each word can be used only ONCE. There are FOUR words you will not need. Blank 0 is an example.

MARK

WELLBEING BENEFITS OF GETTING OUTDOORS

After COVID 19, here's how to fully appreciate green spaces

Many of us have spent more in our homes than ever over the past few months, and now, going out to our local park and spending some time in nature has made us feel better. And research repeatedly demonstrates that _____[0]_____ who spend more time in green spaces are happier.

'When we are flying around in our heads, nature can bring us back down to earth, and that is positive' explains therapist Mita Mistry. If we try to identify when we're most relaxed, it's probably on a beach, listening to waves splashing on the _____[17]_____, or laying on the grass watching the clouds float by. A 2019 study found that woodland sounds like birdsong and rustling leaves are more relaxing than meditation recordings.

A scientific review of studies _____[18]_____ in the journal *Extreme Physiology & Medicine* in 2013 concluded that when we exercise in natural environments, we don't feel we're making a great effort, so we work out _____[19]_____ than we would do in a gym. When we exercise, our blood pressure returns to normal much faster, levels of stress hormones such as cortisol and adrenaline drop back to normal levels, our immune systems _____[20]_____, and it puts us in a good mood, among other benefits.

Experts agree that wherever you live, you can connect with the natural world. Not everyone has _____[21]_____ to forests or valleys, but all of us can get into nature in some way. Walking on a beach or looking at the trees can slow and calm us down. Many suggest walking barefoot _____[22]_____ the grass if you can, as there are acupuncture points on our feet.

Getting outside is key, but it's important to immerse yourself in the experience, so don't be tempted to take 'selfies', says Hans Gelter, a _____[23]_____ at Luleå University in Sweden. If you're only visiting a certain beauty spot because you know it gets loads of likes on Instagram, you're missing the point.

Try to keep your experiences outdoors as minimal as possible, too. In other words, the less equipment you have, the more you'll enjoy it. Leaving the _____[24]_____ at home and listening to your surroundings can have a profound effect. Reconnecting with nature sharpens your senses and clears your mind. It's possible wherever you live; even in _____[25]_____ areas, the sky, clouds and sun are available to all.

(Adapted from) © www.healthy-magazine.co.uk

WELLBEING BENEFITS OF GETTING OUTDOORS

After COVID 19, here's how to fully appreciate green spaces

ACCESS	MUCH	PROFESSOR	STUDY
HARDER	ON	PUBLISHED	URBAN
HEADPHONES	OVER	SHORE	
IMPROVE	PEOPLE	SKY	

0.	PEOPLE	✓
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