

INGLÉS

CERTIFICADO DE NIVEL INTERMEDIO B1

CONVOCATORIA EXTRAORDINARIA 2021

COMPRENSIÓN DE TEXTOS ESCRITOS

APELLIDOS: _____ NOMBRE: _____

DNI/NIE: _____ EOI: _____

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

DURACIÓN: 50 minutos

- Esta parte consta de tres tareas.
- Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en rojo no se calificarán.
- No escriba en los recuadros sombreados.
- No está permitido el uso de diccionarios.

IN B1 21 EX CTE

| | TAREA 1 | TAREA 2 | TAREA 3 | TOTAL |
|--------|---------|---------|---------|-------|
| PUNTOS | | | | / 25 |

| CALIFICACIÓN |
|--------------|
| / 10 |

TASK 1 (7 X 1 mark = 7 marks)

Read the following texts and match them to the most suitable heading from the list on the next page. Each heading can be used only ONCE. There are THREE headings you will not need. Text 0 is an example.

| MARK |
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PACKING TIPS TO HELP YOU TRAVEL

Just in time for your summer holidays, check these tips to help you organize your suitcase

TEXT 0

In order to make the most of your space, use the roll method. Lay tops facedown, fold in the sleeves and roll from the bottom up. For pants, put the legs together and roll from the waist down. Once you've rolled everything, place pants and tops in your suitcase before accessories.

TEXT 1

If you know you're getting off the plane and going straight to dinner or a meeting, think about what you'll wear and put it into your suitcase last. That way, when you arrive, you'll find it easily. Also, you won't make the mistake of waiting until the last minute to pack.

TEXT 2

Keep things like shoes and books at the bottom end of your suitcase, these are not light objects. This placement helps your bag stay stable, so when you put it upright, it won't fall. Also, it stops other items from getting smashed or broken because of the weight.

TEXT 3

While you might be tempted to leave space for souvenirs, extra room means items can move or break. Fill empty spaces with plastic bags. It's important not to over-pack because it will be tricky to pack again when you're going home.

TEXT 4

You will want to shop, so bring a foldable sack to put souvenirs in. It won't take up much space in your suitcase on the way to your destination. Make sure that when it is unfolded, you'll be able to fill it with almost anything you buy on your trip, so it shouldn't be too small.

TEXT 5

Use one for lights and one for darks. If you forget, take them from your hotel room or reuse the ones you get when you buy something. When you get home, it will be very easy to wash the clothes once they have been properly separated.

TEXT 6

No matter what season it is, planes are often chilly, and this may make your flight uncomfortable. Bring a pretty, warm wrap that you can put round your neck if the temperature doesn't feel nice. And remember that you can also fold it and use it as a pillow.

TEXT 7

As long as it's empty, it's okay to bring a water bottle through airport security. Once you're inside the terminal, fill it up at an airport cafe or water station. You'll stay hydrated, and it's greener than having to buy plastic water containers while sightseeing.

Adapted from © www.healthylivingmagazine.us

PACKING TIPS TO HELP YOU TRAVEL

Just in time for your summer holidays, check these tips to help you organize your suitcase

A. Avoid packing too much or not enough

B. Bring two laundry bags

C. Carry a scarf for the plane

D. *Fold clothes and pack them first*

E. Get an extra bag for souvenirs

F. Pack same color clothes together

G. Pack the first outfit you'll wear on top

H. Put heavy items at the base

I. Stop yourself from packing heavy items

J. Take a reusable container with you

K. Take extra clothes for cool weather

| TEXT | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------|-----------------|---|---|---|---|---|---|---|
| HEADING | <i>D</i> | | | | | | | |
| | ✓ | | | | | | | |

TASK 2 (9 x 1 mark = 9 marks)

Read the following text and choose the option (a, b or c) which best completes the items according to the text. Then write your answer in the corresponding box on the next page. Item 0 is an example.

| MARK |
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HOW TO LEARN EFFECTIVELY

Our ability to learn a new skill declines with age but there are things you can do to improve it.

Tom Vanderbilt's fascination with the process of life-long learning began with his daughter's hobbies: piano, soccer, Tae Kwon Do. He accompanied her to the lessons or tournaments. Later, he decided to spend a year learning new skills himself. He learnt to sing, draw and surf.

Vanderbilt talks about his experience in his book *Beginners*, which also gives information about skill acquisition. He was 40 when he started learning new things, and knew that it would be difficult to have the learning abilities of children like his daughter. Children are good at understanding that certain actions will result in certain kinds of events, without needing explanations. After the age of 12, we lose some of that capacity to absorb new information.

We shouldn't be pessimistic about our own abilities, though. Adults may not absorb new skills as quickly as a child, but we have "neuroplasticity", which is the ability for the brain to change in order to make us able to do new and difficult things. In his year of learning, Vanderbilt met people, past middle age, who were still exercising that "superpower".

Vanderbilt's research showed him some principles of good learning that anyone can use to make learning more effective. The first is easily forgotten: we need to learn from our mistakes. Do not repeat the same actions without thinking why you are doing it; we need to think about what we did right and what we did wrong. A second rule is that we need to make sure that our practice is varied. When singing, for example, it helped Vanderbilt to change when and where he did it, or the people he sang with or even the position he was in: standing or while walking. This is "repetition without repetition", and it forces the brain to become more flexible.

Even more interesting is that Vanderbilt discovered we often learn best when we know that we will have to teach others the same skill. So, whatever you are trying to master, share that skill with someone you know. Although it is helpful to observe experts executing a skill, Vanderbilt found that it can even be more useful to watch people who don't know the skill, since you can more easily analyse what they are doing right and what they are doing wrong, and that will help you in your learning process.

With this knowledge, Vanderbilt made good progress with each of the skills that he decided to learn. Singing, he says, offered one of the biggest challenges; however, it also was the most rewarding. "It is the thing I probably liked the most, because it is such a pleasure and makes you feel so good." He eventually became a member of New York's Britpop Choir.

You may wonder why you should make the effort. There are many general benefits about learning any new skill. An important study was made on adults aged 58 to 86 who did courses in order to learn Spanish, music, composition and painting. After a few months of learning these skills, they had made good progress in all of them. Then, they did tests that

analysed if learning something new had had a positive impact, and the results showed they had improved their brain capacity in general. In fact, they did those tests as well as adults who were 30 years younger. The study concludes that the benefits of learning come from trying out multiple skills, rather than concentrating on one particular skill.

Research shows that it is important to understand we cannot know everything. This can make us think in a more practical way, and can help us make decisions. Being able to think and decide better is really important in today's rapidly changing world. So, it doesn't matter if we are learning for pleasure or to improve our professional skills, learning will also help you to have a different attitude in life, the one that beginners have: nothing is certain, and there is everything to learn.

Adapted from © www.bbc.com

0. Tom Vanderbilt decided to learn...

- a. *new things for a year.*
- b. to play the piano with his daughter.
- c. while his daughter was in tournaments.

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|---|
| A |
| ✓ |

8. He knew it would be more difficult for him to learn a new skill because...

- a. as a child, he was bad at absorbing new information.
- b. he was a middle-aged man when he started.
- c. his daughter told him so.

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9. Adults are able to learn new skills ...

- a. because their brain can adapt itself to new circumstances.
- b. if they are powerful enough.
- c. only if they have a positive attitude.

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10. The first principle in order to learn effectively is to ...

- a. analyse your strong and weak points.
- b. do tasks automatically.
- c. do the same task many times.

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11. Practicing a skill in varied ways...

- a. can be confusing if you don't do it well.
- b. helps your brain learn better.
- c. helps you share your knowledge with more people.

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12. Vanderbilt discovered that teaching others what we are learning...

- a. is as useful as seeing experts doing it.
- b. is effective only if you can do it correctly.
- c. will help you deal with your mistakes.

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13. Vanderbilt was able to learn different skills, but singing...

- a. is the one he has not been able to practice again.
- b. was the last one he could do reasonably well.
- c. was the one he finally preferred doing.

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14. A study on the benefits of learning for adults aged 58 to 86 ...

- a. examined only those who learned languages.
- b. showed they could learn effectively.
- c. took years to be finished.

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- PLEASE TURN OVER THE PAGE -



15. Learning different skills as an adult...

- a. can make your brain work as if you were younger.
- b. is as good as learning only one.
- c. will help you learn one of them better.

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16. It is important to understand that we cannot know everything...

- a. because this will help us in our choices in life.
- b. or learn different attitudes or skills.
- c. particularly when we want to learn for pleasure.

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TASK 3 (9 x 1 mark = 9 marks)

Read the text and complete each blank with ONE suitable word from the list supplied on the next page. Then write your answers in the boxes. Each word can be used only ONCE. There are FIVE words you will not need. Blank 0 is an example.

MARK

COOKING MAKES ME AND MY PEOPLE HAPPY

Jerry explains what he loves about cooking for other people

Cooking a meal is one of the most personal and intimate things you can do for someone. You're literally providing people with love and serving that love on [0] a plate, made with your own hands and creativity, even if you're following a recipe, you picked the recipe and _____ [17] the meal, didn't you? As human beings, eating is essential to be healthy and to survive, but it is also an action we all do, one that connects all nationalities and backgrounds. There's also _____ [18] about the nature of eating that encourages us to relax and talk to one another.

good
food
is
good
mood

What makes a homemade meal special is the feeling of abundance that you get when you have this meal at home: everything you have and need is right in front of you, on the table. You don't have to worry about what to _____ [19], what the bill is going to be or if you should have another glass of wine. That feeling of freedom is real, and you see it in the smiles of your _____ [20] after the meal begins. There is nothing like seeing the gratitude in their faces after you cooked that meal for them.

Cooking is also a chance to go on a new experience with someone—especially if they share the same passion and joy of food as you. I remember the smoked pork I prepared for a family reunion, the grilled chicken I made for friends _____ [21] a football game, and a meal I cooked with my friend while we were on vacation in summer in Costa Rica. They remember these events, which were special because of the cooking. It _____ [22] great to know you provided people with a memorable experience they will always remember.

But it's not just the experience of the event I _____ [23]. It's everything that happens when you are alone in the kitchen as well—the fragrance of garlic, the wonderful smell of the _____ [24] when I mix them together, all the sounds in the kitchen, and the sight of a perfectly baked chocolate cake coming out from the

oven. Cooking speaks to all of my senses. It's a joy I'm so _____ **[25]** to know, even when it's just my wife and me, and a good bottle of wine ... perhaps especially then.

Adapted from © www.thekitchn.com

COOKING MAKES ME AND MY PEOPLE HAPPY

Jerry explains what he loves about cooking for other people

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|-----------|---------------|-----------|--------|
| ASK | EXCITING | ORDER | SPICES |
| CUSTOMERS | FEELS | PLANNED | WHEN |
| DURING | GUESTS | PROUD | WINE |
| ENJOY | ON | SOMETHING | |

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