



PRUEBAS
TERMINALES
ESPECIFICAS
de CERTIFICACION
ESCUELAS
OFICIALES
de IDIOMAS
REGION de MURCIA

INSTRUCCIONES PARA LA AUTOEVALUACIÓN

Estas pruebas se ofrecen como muestra ilustrativa del tipo de prueba terminal que el alumno oficial o el candidato libre deberá superar para obtener el certificado oficial de competencia lingüística del nivel correspondiente. Para una correcta autoevaluación, se recomienda que imprima esta prueba y la realice en un entorno tranquilo, sin interferencias externas, con tiempo para el desarrollo completo de la misma y respetando las directrices que a continuación se recogen.

Una vez finalizada la prueba, evalúe sus resultados con la hoja de soluciones facilitada y contraste la puntuación obtenida.

Tiempo total para realizar esta parte: **75 minutos**

Condiciones:

- ▷ Es necesario realizar ambas tareas
- ▷ Responda en los espacios habilitados para ello
- ▷ No emplee más tiempo del previsto

Calificación: Total 27 puntos ▷ **Apto a partir de 14 puntos**



TAREA 1

12 ítems × 1 punto ▷ 12 PUNTOS

NURSES ARE NOT HEROINES

There's been plenty of controversy over the news that from 2013 all new nurses will have to spend three years studying for a degree to qualify. At present the majority train for two or three years and are awarded a diploma. Critics claim these higher standards mean that trainee nurses will spend time sitting in lectures when they could be learning practical skills on the job, and widespread concern has been expressed that the profession will attract the wrong kind of applicants, more concerned with their careers than carrying out menial tasks.

I can't honestly see the problem. The very mention of the word "nurse" results in a reaction from so many people. Nurses are right up there with donkey sanctuaries and Princess Diana when it comes to being sanctified. Sure, most nurses are highly committed to their jobs, but at the end of the day, they are specialised workers, not saints or trainee miracle workers.

Medicine these days is increasingly high-tech. Surgeons operate using robots and lasers. Aftercare involves a vast range of sophisticated gadgetry. The combination of drugs that doctors prescribe these days is complex and the dangers of administering wrong combinations or an inaccurate dosage should never be underestimated. The old notion of nurse holding your hand and offering a few words of emollient chat while taking your temperature is completely irrelevant and arcane in today's modern hospitals.

Increasingly, hospital wards are full of people who shouldn't really be there at all – old people who should be in care homes or hospices; the terminally ill, who would be much more comfortable at home or in a hospice; dementia sufferers, who need specialised care. General wards should only be catering for patients preparing or recovering from an operation or a procedure which means they are bedridden. Everything should be geared to limiting their time in hospital, where they are vulnerable to all sorts of infections, to as short a stay as possible.

Highly qualified nurses are needed to police standards and to speed up the recovery process. They must understand the latest developments in patient care, as well as being trained to direct a team and take decisions. That doesn't mean they are not compassionate and caring, it's just that in a modern hospital leadership skills are essential. Giving patients a bed bath and feeding them are tasks which should be carried out by assistants, who at the moment earn a starting salary of just £13,000, a pittance for very challenging work in unpleasant circumstances.

In the past year there has been an increasing amount of complaints about nurses who have failed to treat patients with respect and whose levels of care leave a lot to be desired. By elevating the profession to graduate status, as well as increasing pay for assistants, patients will get a better deal. I encountered both good and poor nurses when my sister was seriously ill in hospital, and it's too tempting to generalise.

It seems the nursing profession is one that no one can discuss dispassionately – but insisting that nurses obtain a degree is a welcome step in the right direction.

Adapted from <http://www.independent.co.uk/>, by Janet Street-Porter, 15 November 2009



1. Read the article about nurses and decide which six of the following statements are TRUE according to the author of the article and write the numbers in the grid below as in the example (6 points):

According to the author:

- 0. *Nurses are not heroines.*
- 1. At present trainee nurses spend two or three years at university to get their diploma.
- 2. A lot of people look up to nurses.
- 3. More and more technology is used in surgery at present.
- 4. Too much importance is given to the administration of medication.
- 5. The stereotype of nurses being compassionate and caring is old-fashioned.
- 6. Not all health problems should be treated in hospital.
- 7. People who are expected to die soon should occupy a ward.
- 8. Only patients who have to stay in bed should be in general wards.
- 9. Nurses and assistants are likely to develop all kinds of infections.
- 10. Highly qualified nurses can be required by the police.
- 11. Being in charge of other workers must be one of the tasks to be performed by nurses.
- 12. Nurses should be in charge of providing food to patients.
- 13. If nurses get a pay increase, patients will benefit.
- 14. The author has not had any first-hand experience of poor nursing care.

ANSWERS	0						
	✓						

2. Find words from the text for the following definitions, which are in the same order as they appear in the text, and write your answers in the right column as in the example (6 points):

0. <i>Disputation, argument (n.).</i>	controversy	✓
1. Existing or happening in many places and/or among many people (adj.).		
2. Loyal and willing to give your time and energy to something that you believe in (adj.).		
3. Not completely correct or exact (adj.).		
4. Having a calming and soothing effect (adj.).		
5. Providing the things that a particular person or situation needs (v.).		
6. Difficult, requiring full use of your abilities or resources (v.).		



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TAREA 2

15 ítems × 1 punto ▷ 15 PUNTOS

Health and Junk Food

Junk food from fast food chains are foods low in health nutrients yet in calories, fats and sugar. , food from supermarkets in the form of ready meals, biscuits, cakes, sweets, fizzy drinks and so on also this category as they are just as empty of nutrients.

If your diet is a good one with plenty of fruit and vegetables, and for good quality protein, fibre and carbohydrates the occasional "junk food" meal will not cause lasting harm. The danger seems to come from eating these kinds of foods to the of everything else. Junk food can be , and this addiction is leaving millions - some are even developing problems usually associated with famine victims. The number of hospital patients malnutrition in the UK has risen by 44 percent in five years, with almost 4,000 cases in the last year alone.

But experts this is the of the iceberg, estimating that up to 6 per cent of the population – 3.6 million – are malnourished. extreme cases, the results are potbellies, wasted limbs and emaciated bodies, similar to those of famine victims in Third World countries. The modern diet contains many other foods which come under the label of "junk" foods. Top of the list are refined foods, which are their original natural content and fibre, leaving behind a more concentrated, unnatural sweet version of the original food.

white flour, margarine and white sugar are some of the most common examples. These ingredients are used to make a multitude of other so-called foods like baked cakes and biscuits, chocolates, and white bread, to name just a few. These types of "food" are the types filled with and additives to give them a longer life. Essentially it is parents to educate children on healthy eating but if parents are not having a good diet themselves, the problems are perpetuated from one generation to the next.

Source: www.naturalhealthbenefits.com



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Read the text about health and junk food and complete the gaps with the correct option (a, b, c or d) from the box below. Write the correct answers in the spaces provided.

0	a) low	b) small	c) full of	d) high	d	✓
1	a) But	b) However	c) Although	d) And		
2	a) come across	b) turn into	c) turn out	d) come into		
3	a) well balanced	b) badly balanced	c) well equilibrated	d) badly equilibrated		
4	a) inclusion	b) insertion	c) disposal	d) exclusion		
5	a) addict	b) addiction	c) addictive	d) addicted		
6	a) overfeeding	b) overweight	c) malnourished	d) starving		
7	a) getting	b) dead with	c) diagnosed with	d) starving with		
8	a) advise	b) warn	c) threaten	d) lay		
9	a) tip	b) top	c) high	d) higher		
10	a) The worse	b) In the worse	c) More	d) In the most		
11	a) stripped of	b) left	c) containing	d) filled of		
12	a) Wholemeal	b) Plain	c) Refined	d) Brown		
13	a) preservatives	b) preservers	c) conservatives	d) keepers		
14	a) enduring	b) packed	c) container	d) shelf		
15	a) compulsory for	b) likely that	c) desirable	d) up to		



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CLAVES PARA LA CORRECCIÓN

TAREA 1 12 ítems × 1 punto ▷ 12 PUNTOS

ANSWERS	0	2	3	5	6	8	11
	✓						

0	controversy	✓			
1	WIDESPREAD		4	EMOLLIENT	
2	COMMITTED		5	CATERING	
3	INACCURATE		6	CHALLENGING	

TAREA 2 15 ítems × 1 punto ▷ 15 PUNTOS

- | | |
|-------------|--------------|
| 0) d | 8) b |
| 1) b | 9) a |
| 2) d | 10) d |
| 3) a | 11) a |
| 4) d | 12) c |
| 5) c | 13) a |
| 6) c | 14) d |
| 7) c | 15) d |