



Región de Murcia

Consejería de Educación, Juventud y Deportes

Dirección General de Formación Profesional y Enseñanzas de Régimen Especial

ESCUELAS OFICIALES DE IDIOMAS DE LA REGIÓN DE MURCIA

PRUEBA ESPECÍFICA DE CERTIFICACIÓN

NIVEL B1
CONVOCATORIA
SEPTIEMBRE 2019

COMPRESION DE TEXTOS ESCRITOS

APELLIDOS: _____

NOMBRE: _____ DNI: _____

CALIFICACIÓN DESTREZA: APTO NO APTO

CALIFICACIÓN: _____ / 25

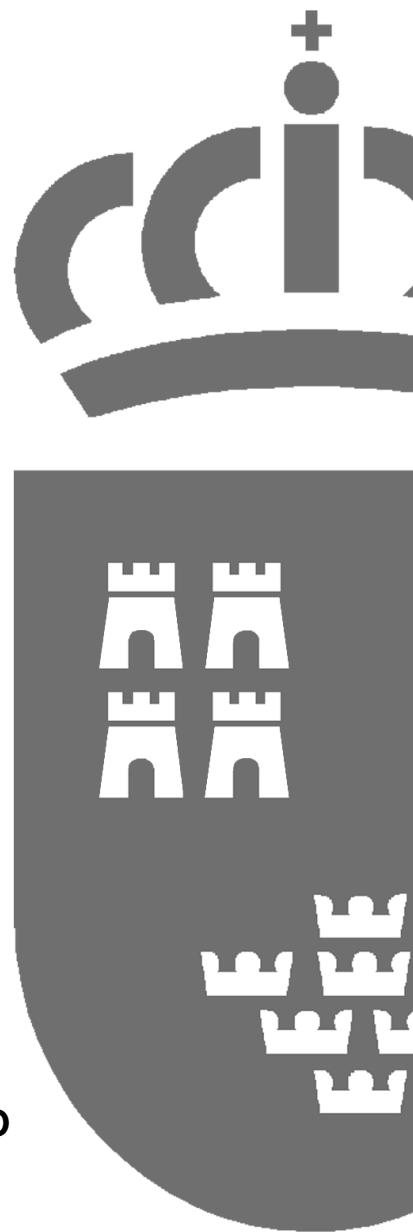
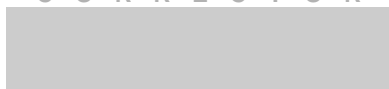
TAREAS: La prueba de Comprensión de Textos Escritos consta de tres textos y tres tareas.

DURACIÓN TOTAL: 60 minutos

INDICACIONES:

- Las tareas se desarrollarán en los espacios indicados.
- No escribir en las zonas sombreadas
- Emplear tinta permanente azul o negra. No usar lápiz.
- Corregir tachando el texto. No usar correctores líquidos o cintas.
- Puntuación total: **25 puntos**. "Apto" ≥ 13

C O R R E C T O R



B1 INGLÉS

COMPRESIÓN DE TEXTOS ESCRITOS

TASK A ▷ Read *Your Good Samaritan Stories* in **TEXT 1** *The passport official & The island angels*. For items 1-5, choose the best option (A, B or C). Write your answers in the grid provided below, as shown in example 0.

5 points

Example:

0.	A. earlier	B. ago	C. after
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1.	A. forget	B. find out	C. explore
2.	A. anyone's	B. someone's	C. everybody's
3.	A. but	B. because	C. however
4.	A. hired	B. caught	C. drove
5.	A. that	B. which	C. where

0	1	2	3	4	5	SCORE: ___ / 5
A						
✓						

TASK B ▷ Read **TEXT 2** *How to plan a trip with friends*. Choose the statement from the list below that best completes each heading. Write your answers in the grid provided below, as shown in example 0.

10 points

HEADINGS:

A. (EXAMPLE) Choose friends you get along well with.

- B. Go on a beach trip with a more varied group.
- C. Find food options.
- D. Decide on daytime and night-time activities.
- E. Decide on time for breaks.
- F. Travel abroad with a smaller group of adventurous friends.
- G. Plan transportation.
- H. Discuss a budget early on.
- I. Find accommodations.
- J. Decide on a date.
- K. Choose a road trip for a small group that gets along well.

0	1	2	3	4	5	6	7	8	9	10	SCORE: ___ / 10
A											
✓											

TASK C ▷ Read TEXT 3 *Ways to lose weight: fast, easy tips*. Mark the sentences below TRUE (T) or FALSE (F). Write your answers in the boxes provided next to each sentence, as shown in example 0.

10 points

0.	(EXAMPLE) Studies suggest that by writing down what we eat we can lose weight.	T	✓
1.	In general, people eat 115 extra calories each weekend because of alcohol and fat.		
2.	In general, we all take in more calories per day than what we think we do.		
3.	Attendance programs are more effective than online support when trying to lose weight.		
4.	Studies show that the calories from soft drinks do NOT stop you from being hungry.		
5.	One extra glass of orange juice a day can make you gain two pounds each year.		
6.	A study found that students ate more unhealthy foods when they watched TV.		
7.	Having conversations during your meals has NO effect on how much you eat.		
8.	Eating slowly makes you feel full with less food.		
9.	If there is more food at the table, you will probably eat less.		
10.	The size of our dinner plates, glasses and cups can have an influence on how much we eat.		
			SCORE : ___ / 10

Text 1: Short stories

SHORT STORY 1. THE PASSPORT OFFICIAL

I received a telegram from India informing me that my mother had died suddenly in March 1967. I was 22 years old and had lost my father two years **- 0 -**. My husband and I were desperate to fly to Bombay and **- 1 -** what had happened, as my mother had been healthy and well when she left England, only a few days before her death.

We tried to get airline tickets only to find that Julia, my baby, wasn't on **- 2 -** passport. It meant we couldn't take her. I was desperate to go but couldn't leave the baby behind. I phoned the Foreign Office and got through to an official who was sympathetic but explained it was the weekend and nothing could be done until Monday. I begged him to help me and, to my astonishment, he agreed to help me.

We met at Heathrow airport and he put a stamp in my passport, making Julia legal. I hardly thanked him, **- 3 -** I was still crying so hard. But this kind man had given me his weekend time and possibly bent the rules to help. I am still enormously grateful to my Good Samaritan.

Catherine Teltscher, London

SHORT STORY 2. THE ISLAND ANGELS

My friend and I flew to Toronto and **- 4 -** a car. We didn't book any accommodation as it was at the beginning of September and we thought it would be easy to find a hotel or hostel.

We had been driving for five hours when the weather changed and it looked like a thunderstorm was coming. We got lost and were both exhausted when I saw a lady parking her car. I stopped and asked if she knew a lodge¹ or hotel nearby. She said there was a lodge down the road but it would be closed. The lovely old lady looked at us - we must have had a really desperate look at our faces - and said: "Why don't you girls just stay with me and my husband's house for a night? We'll show you wherever you guys want to go and I'll cook you dinner." We ended up taking one of their boats to a little island in Lake Muskoka, **- 5 -** her husband, Clint, was just working on his boat.

Both Carol and Clint were lovely. We slept in the bunk beds they built for their kids and grandchildren, they filled up the fridge with beer and cooked for us. We stayed for three nights in total and also met their friends. Those days were the best part of our three-week trip.

They were two angels on an island. We were glad we got lost and met them.

Patricia, Vancouver, Canada

¹ **lodge**: a hut or house in the country or in the mountains where people stay on holiday.

Source: <https://www.bbc.co.uk/news/magazine-12122809>

Text 2: How to plan a trip with friends

HOW TO PLAN A TRIP WITH FRIENDS

- 0 -. (EXAMPLE) You'll be spending a lot of time with your travel companions, so think of people who have similar general travel habits and are flexible and relaxed.
- 1 -. Ask your friends when they can take time off from school or work. Narrow down preferences to a date and timespan that works for the most people. The larger your group is, the harder it will be to find a time that works for all of you. Be patient and flexible, and compromise when you can.
- 2 -. Ask your friends to be open about how much you're each willing to pay for the trip, between travel, accommodation, food and entertainment costs. You'll plan your itinerary around these loose budget restrictions.
- 3 -. If you want to get lost in foreign cities and experience a new culture, try booking a trip to a foreign country. Since you're traveling farther, it's best to go with a group that's small and easy to keep together, no more than three or four people.
- 4 -. This is a great choice for a larger group of five people or more, because there's something for everyone and the group can easily split up if some of the group can lie down in the sun all day, while more active friends can rent jet skis or go snorkeling.
- 5 -. You'll save on airfare and make great memories as you explore back roads and small town attractions. You'll be sharing a car together for at least a few days, so make sure that this group really gets along well.
- 6 -. Ask your friends if they have any dietary restrictions and what their general preferences are. Research online or in travel guides and write down a couple possibilities for each day.
- 7 -. For an easygoing group on a tight budget, hostels may be a good choice, as they're less private than hotels but quite a bit cheaper. A group that needs lots of attention might be better off sharing rooms at a hotel. For a large group, consider renting a full house or apartment.
- 8 -. Buy plane tickets early to avoid higher prices. Use public transportation if your group is small enough to keep together. Consider renting a car if you're traveling with small children or a larger group.
- 9 -. Research popular attractions in your destination and share them with your group. Ask everyone to tell the planners one or two things they definitely want to do. This will allow everyone's voice to be heard and ensures that the planners don't have to make all the hard decisions.
- 10 -. No matter how adventurous and energetic your group is, and no matter how much you want to put into your trip, you won't be able to enjoy yourselves if you're tired and bad tempered. Plan frequent food stops and set aside time to go back to your rooms for a quick nap if the group is getting tired.

Source: www.wikihow.com/Plan-a-Trip-with-Friends

Text 3: Ways to lose weight: fast, easy tips

WAYS TO LOSE WEIGHT: FAST, EASY TIPS

If you're trying to drop a few pounds fast, these expert tips will make it easy for you to lose the weight quickly.

Write down what you eat for one week, and you will lose weight

Studies found that people who keep food diaries eat about 15 percent less food than those who don't. Watch out for weekends: a University of North Carolina study found people tend to consume an extra 115 calories per weekend day, primarily from alcohol and fat. Then cut out or down calories from spreads, dressings, sauces, condiments, drinks and snacks, as they could make the difference between weight gain and loss.

Add 10 percent to the amount of daily calories you think you're eating

If you think you're consuming 1,700 calories a day and don't understand why you're not losing weight, add another 170 calories to your calculations. Chances are the new number is more accurate. Adjust your eating habits accordingly. For instance, your cup of coffee might have more calories than you thought.

Get an online weight loss buddy to lose more weight

A University of Vermont study found that online weight-loss buddies help you lose weight. The researchers followed volunteers for 18 months. Those assigned to an Internet-based weight maintenance program kept their weight loss better than those who met face-to-face in a support group.

After breakfast, stick to water

At breakfast, go ahead and drink orange juice. But throughout the rest of the day, focus on water instead of juice or soda. The average American consumes an extra 245 calories a day from soft drinks. That's nearly 90,000 calories a year—or 25 pounds! And research shows that despite the calories, sugary drinks don't produce a sense of fullness the way that food does.

Eat three fewer bites of your meal

... or one less treat a day, or one less glass of orange juice. Doing any of these can save you about 100 calories a day, and that alone is enough to prevent you from gaining the two pounds most people put on each year.

Watch one less hour of TV

A study of 76 undergraduate students found that when they watched television, they ate more and more often. Sacrifice one TV program (there's probably one you don't really want to watch anyway) and go for a walk instead. In even just 15 minutes, you'll get some amazing benefits from walking.

Put your fork or spoon down between every bite

At the table, drink water frequently and prolong your eating with stories for your dining partner of the amusing things that happened during your day. If you eat slowly enough, your brain will tell you that you are full and no longer in need of food.

Put less food out and you'll take less in

The more food in front of you, the more you'll eat, no matter how hungry you are. So instead of using huge dinner plates (making them look empty if they're not full of food), serve your main course on small salad plates. Instead of big glasses and oversized coffee mugs, return to the old days and use smaller glasses and coffee cups.

Source:

Adapted from <https://www.rd.com/health/diet-weight-loss/ways-to-lose-weight/>