



TASK 1

Here is a list of things which make good English teachers into great English teachers. Read texts B-H and headings 1-5 carefully. IN BLOCK CAPITALS, write the letter of the text next to the corresponding heading in the space provided, as in example 0. Notice that:

There are two texts which do not go with any of the headings.

Answers must be based exclusively on the information in the texts.

THINGS THAT GREAT ENGLISH TEACHERS DO

A.

Great English teachers like creative opportunities. They like listening to students talking. They like watching their drama and reading their stories. They like classes, sample essays, giving detailed feedback, writing plays, taking coachloads of kids to the theatre. They may complain that they don't, that they'd had enough, but, deep down, it's what drives them - a love of the intangible processes of the classroom.

B.

The greatest challenge they face is to teach their students to be honorable in a dishonorable world. They want them to be decent even though they are growing up in an environment surrounded by indecency and a media that celebrates awful behaviour. Their job is also to show children that there is an alternative way to live one's life.

C.

Someone should be showing teachers in all subjects how to teach - how to build students' confidence, how to structure lessons, how to assess skills and knowledge humanely and precisely. They should be our first choice of mentors, watching inexperienced teachers and helping to shape their skills. Great English teachers are great teachers per se and schools should recognise this more.

D.

They are willing to take a little bit of a risk with some of their curriculum and experiment with more hands-on experiences with the kids. They can develop programs that are so much better adapted to the needs of the particular students they are teaching, offering them practical ways to apply their learning instead of just passively receiving information.

E.

They're always reading something. They'd never say they don't have time to read anything anymore. They couldn't live if they didn't read. When students are reading in lessons, these teachers will usually be reading. They'll talk to students about what they're currently reading. They'll divert the course of an entire lesson because of something they read last night in bed.



F.

These teachers have something to say to each student. They call them out and talk about their work one-to-one. They say when they're disappointed about something a student has done, but mostly they celebrate success. Students know when a teacher really knows them. You only have to note the way ex-students send cards or make visits.

G.

Their lessons can feel hugely creative and unpredictable. Yet they fit into an overall developmental pattern. A student will know where she's heading, what she needs to work on to improve, where the half-terms' lessons are heading. And yet it will all feel so fluid, so unforced, so natural. This is the great English teacher's gift.

H.

They're mad about many things: books, literature, theatre, their classes, films, wine... They're people to be highly considered, people with opinions, people you can't ignore. They're people who students want to listen to. Whatever their age, these teachers are still relevant to their students' lives.

Adapted from the article "The 12 Things that Great English Teachers Do" by Geoff Barton

TASK 2

(...../7)

Here are descriptions of four destinations for traveling during Thanksgiving. Read texts A-D and questions 1-7 carefully. IN BLOCK CAPITALS, write the letter of the text which provides the information required in the space provided, as in example 0. Notice that:

One single text can match more than one statement. Each statement has only one possible answer.

Answers must be based exclusively on the information in the texts.



DESTINATIONS FOR THE THANKSGIVING TRAVELER

A. NEW YORK

Now in its 91st year, the Macy's Thanksgiving Day Parade is a quintessential American holiday basic. This year's lineup of balloons includes Pikachu, SpongeBob and several trolls. If you're in New York, the parade begins at 9 a.m. on the Upper West Side and finishes near Herald Square, home to the world's largest Macy's store.

You can also consider riding off Thursday's meal with the Pilgrim Pedal Ride on Friday, Nov. 24. The event includes a "sit-down social" breakfast at a Brooklyn diner midway through the ride.

Other New York area events and attractions for the holiday weekend include the Bryant Park Winter Village, a gift-centric market in Midtown Manhattan, and the annual Day after Thanksgiving Hike on Staten Island.

B. COLONIAL VIRGINIA

Some argue that Berkeley Plantation in Charles City, Virginia, not Plymouth, was the site of the real first Thanksgiving. That is where, in 1619, a year before the Mayflower and the Pilgrims landed, a ship called the Margaret reached the James River and put 38 men ashore. While the Virginia Thanksgiving Festival has come and gone, Berkeley Plantation is still worth visiting for a house tour (although it is closed on Thanksgiving Day). In nearby Williamsburg, consider the Food and Feasts of Colonial Virginia, a three-day festival (Nov. 23 to 25) at the Jamestown Settlement museum featuring a traditional Thanksgiving dinner and special exhibits.

C. LOS ANGELES

The Turkey Trot Los Angeles is a fun-run through the city on Thanksgiving Day, offering runners a nice view of the Continental Building, the city's first high-rise building, Walt Disney Concert Hall and more. It can be done as a 5 kilometer or 10 kilometer. The event benefits the Midnight Mission, which works on creating a path to self sufficiency for the homeless.

Other Los Angeles area events and attractions for the holiday weekend include Thanksgiving lunch at the Aquarium of the Pacific and the Hollywood Christmas Parade on Sunday, Nov. 26.

D. CHICAGO

The McDonald's Thanksgiving Parade brings creative style to Chicago's downtown Loop. The one-mile-long parade on Thanksgiving Day will be held on State Street, starting at 8 a.m. (Central Standard Time) at the intersection with West Congress Parkway (near the Harold Washington Library Center) and then heading north to Randolph Street. Look for Teddy the Turkey, Broadway in Chicago performances of "Irving Berlin's White Christmas" and "Ken Ludwig's 'Twas the Night Before Christmas," and a deep bench of marching bands.

Adapted from [nytimes.com/travel](https://www.nytimes.com/travel)



TASK 3

(...../5)

Here is an article about the BBC's 100 Women Series 2019, a series that yearly examines the role of women in different categories. Read the text carefully. Then read statements 1-5, decide whether they are TRUE or FALSE and mark the correct option (X) in the space provided, as in example 0.

Answers must be based exclusively on the information in the text.

BBC 100 WOMEN 2019: WHO IS ON THE LIST THIS YEAR?

The BBC has revealed its list of 100 inspiring and influential women from around the world for 2019. From climate change activist Greta Thunberg, to the footballer battling misogyny Megan Rapinoe many on the list are driving change on behalf of women everywhere and use their extraordinary personal experiences to blaze a path for those who follow. Here are some of them:

In August 2018, 15-year-old Greta Thunberg skipped school to protest outside the Swedish parliament. What started as a one-person strike has since spread to a worldwide protest over climate change. Her actions have mobilised activists across the world, with millions of young people taking part in Fridays for Future. In 2019, she travelled by solar-powered boat from Europe to the United States - an epic journey undertaken to encourage others to reduce their carbon footprint. She has also opened up about her diagnosis of Asperger Syndrome, saying "given the right circumstances, being different can be a superpower".

Ashcharya Peiris was on her way home from work at a bank in Sri Lanka when a bomb blast left her blind in 2000. She lost her job due to her disability, but ended up fulfilling her dream of becoming a fashion designer by describing her designs to a seamstress. She was a finalist in Sri Lanka's Up & Coming Fashion Designer competition, and is now a motivational speaker in garment factories, inspiring young women to follow their own dreams.

Architect Marwa Al-Sabouni has written a book documenting wartime in her home city of Homs, Syria. When war broke out, she refused to leave and recorded the destruction of Baba Amr district instead. She has also drawn up plans to rebuild it in a way that would bring different classes and ethnic groups together. She runs the world's only website dedicated to architectural news in Arabic, and has received the Prince Claus award for her achievements.

Rida Al Tubuly is one of many women pushing for gender equality - but she's doing it from a warzone. Her organisation, Together We Build It, pushes for women's involvement in solving Libya's conflict. In 2018, she told the Human Rights Council in Geneva that high level UN meetings about Libya's future were failing to include women. The university professor holds a postgraduate degree in International Human Rights Law.

Adapted from <https://www.bbc.com>



TASK 4

(...../8)

You are going to read an article about the dangers of salt. Read the text carefully. For statements 1-8 choose the option (a, b or c) that best completes them. Mark (X) the correct option in the space provided, as in example 0. Only one option is correct. Answers must be based exclusively on the information in the text.

Salt kills 1.5m people-a-year. Why have we forgotten about its dangers?

Salt used to be a huge issue in everyone's minds. Sprinkle it on almost any meal and it will bring your food to life – adding depth and richness to the flavours, making everything taste more savoury, more satisfying. The odd sprinkling of salt isn't a problem but eating too much salt is killing 1.5m people-a-year worldwide. And this has been lost in the focus, for younger generations at least, on other problems.

With huge public health campaigns promoting awareness around sugary snacks for children, the ground breaking sugar tax on soft drinks and the rise of sugar detox diets, the drive to eat less sugar has been pervasive and unavoidable. Eating less sugar is good for our teeth, our waistlines and our overall health. But have the potential dangers of salt been lost in the furore over sugar? Our diets are more likely to kill us than tobacco. Eating and drinking better could prevent one in five early deaths, the researchers say, and salt plays a big part in that. The diets found most closely linked to death were those high in sodium and low in whole grains, fruits, nuts, seeds and omega-3 fatty acids.

Approximately 75% of the salt we eat is already present in the foods we buy. The ones to watch out for are typically things like pasta sauces, ready meals, processed meats and snacks like biscuits and crisps. It also might surprise you to hear that bread and cereals can sometimes contain more salt than you might think. As well as being mindful of these foods, it is a good idea therefore not to add any extra salt to home cooked meals, and perhaps to leave the salt shaker off the dining table.

As Rhiannon identifies, there are loads of foods that we eat every day that have a surprisingly high salt content. And it is these hidden sources of salt that are costing us dearly. Cereal can be a hidden source of salt.

So, what are the secret culprits? Which innocuous-looking products lurking in our cupboards are actually concealing a dangerous amount of salt? As well as the obvious offenders like salty crisps and nuts, experts say that we should also be wary of pre-packaged soups, sauces and ready meals. It's often the foods that are produced for pure convenience we often reach for when we can't be bothered to make something from scratch. If you're relying on jars of Bolognese sauce or ready-made curries on most days, you could be consuming way too much salt. It's also important to remember that just because something doesn't taste salty, that doesn't mean it isn't loaded with sodium.

How to cut down on salt? When using salt, stay away from processed table salt and slowly reduce your intake over time to let your taste buds adjust. Eventually your cravings for salt will decline as you adjust to the flavour. Reduce your intake of processed foods and ready meals that are often loaded with salt.

Cook or prepare food at home to control the kind of salt and levels of salt in your food. Opt for fresh poultry, seafood and lean meat over processed versions. Add spices and lemon over salt for flavour. Make sure your diet has enough potassium. Potassium has an inverse relationship with sodium and is crucial for balancing our electrolyte and fluid balance. As well as salt, processed foods are often also packed with sugars that can often be hidden on the back of labels under mysterious, un-sugar sounding names and can bring up our total sugar consumption without us even realising.

Adapted from <https://metro.co.uk>