

INGLÉS

CERTIFICADO DE NIVEL INTERMEDIO B2

CONVOCATORIA MAYO 2025

COMPRENSIÓN DE TEXTOS ESCRITOS

ALUMNO: OFICIAL ☐ LIBRE ☐ THAT'S ENGLISH ☐

APELLIDOS: _____ NOMBRE: _____

DNI/NIE: _____ EOI: _____

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA PARTE:

DURACIÓN: 60 minutos

- Esta parte consta de tres tareas.
- Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en rojo no se calificarán.
- No escriba en los recuadros sombreados.
- No está permitido el uso de diccionarios.

	TAREA 1	TAREA 2	TAREA 3	TOTAL	CALIFICACIÓN
PUNTOS				/ 25	/ 10

TASK ONE (8 X 1 mark = 8 marks)

Read the following texts and match them to the most suitable heading from the list supplied. Each heading can only be used **ONCE**. There are **TWO** headings you will not need. Text 0 is an example.

MARK***HOW TO BUILD SELF-DISCIPLINE****Strategies for Change***TEXT 0**

Self-discipline is worth very little if you're hurting yourself to achieve it. Chasing some goals can come at the expense of your overall health and create new problems. Breaks throughout the day, a healthy diet, time in nature, and healthy relationships will recharge you to help you stay focused on your goal. Our day starts when you choose to go to bed and set your alarm the night before.

TEXT 1

Examine aspects of your life that you'd like to improve. Perhaps you have an obvious red flag, like poor results from a health screening or a bad performance review. If you're not sure where to start, look at your calendar or phone's screen time report for cues. Don't worry, you won't be tackling all of this at once, but it's good to get the big picture.

TEXT 2

Choose one goal to focus on, an objective that you believe is easiest to achieve. That way, you can experience the emotional rewards of success quickly, enabling you to move on to more ambitious goals. For instance, if you dream of doing an Ironman competition someday, start with running, swimming, and biking races. Start small by setting goals for just one week at a time.

TEXT 3

Writing down goals creates a link in the physical world to what's going on in your head and serves as a reminder. When you imagine yourself achieving your goals you have a greater chance of success. Your brain interprets self-images as real and creates new neural pathways to allow you to follow through. So, when you imagine something vividly, your brain chemistry changes as if you had actually experienced it.

TEXT 4

Make changes to your environment to increase your chances of success. Studies show that rearranging your space makes a difference when trying to achieve goals. If you want to eat better, get rid of the junk food. If you want to read more, cancel Netflix or delete social media apps from your phone, whatever you know might distract you. Removing distractions is helpful and signals to you that something has changed.

TEXT 5

If you don't know how you'll track progress, it will be difficult to know whether you're succeeding. Set a goal that's assessable. Instead of "be a better father," you may want to set a goal like "spend three hours of 1:1 time with my daughter each week." In a business context, identify how many meetings you should book and check how many you have actually carried out.

TEXT 6

You may have a full tank and full motivation at the start of the day, but by the time you hit 6 p.m., maybe your car broke down or your boss just texted asking you to work on something tonight. At this point, relieve your responsibilities. Get that cleaning service or that meal service to give yourself more free time, or simply say no to some commitments you can live without.

TEXT 7

It's not that those with self-discipline never have days where they eat all the doughnuts in the kitchen, spend 45 minutes on social media, and lose two prospects, all before 10:00 am. They definitely have these days, but then they wake up the next morning and start over. Self-discipline is the act of trying, falling down, and trying again the next day. Figure out what your plan is when you crash.

TEXT 8

Book time on your calendar not just for meetings, but for rest, focus time, and dreaded activities you just keep putting off. Alongside meetings, there's time set aside for workouts, focus time, end-of-day admin tasks, and lunch. At first glance, this may look like there's no white space in your timetable at all. It doesn't mean that every hour is busy, it just means that every hour is intentional.

Adapted from © <https://blog.hubspot.com/sales/self-discipline>

A.	Adapt your surroundings
B.	Ensure a measurable goal
C.	Failure is part of the process
D.	Identify growth areas
E.	Invest in quality relationships
F.	Lighten your load
G.	Schedule every part of your day
H.	Set both big and small goals
I.	Start with modest objectives
J.	<i>Take care of yourself</i>
K.	Visualize your outcome

TEXT	0	1	2	3	4	5	6	7	8
HEADING	<i>J</i>								
	✓								

TASK TWO (8 x 1 mark = 8 marks)

Read the following text and choose the option (a, b, or c) which best completes the sentences according to the text. Then write your answer in the corresponding box on the next page. Item 0 is an example.

MARK

HOW TO TRAVEL AROUND THE WORLD

A guide to plan your trip

In 1924, a team of aviators from the USA successfully completed the first-ever circumnavigation of the globe by airplane, a feat that took 175 days, 76 stops, four aircraft and two sets of new wings. This achievement ushered in an era of international air travel, and a century later, travelers are still creating their own round-the-world itineraries.

You might not have the same worries as those early aviators, but planning a round-the-world trip is still a complex process. It's never too early to start figuring out the logistics. When it comes to booking your trip, there are several options for booking your airfare, as well as flexibility on timing, destinations, and budget. But don't let that overwhelm you – start here with our handy guide on how to plan that trip you've always dreamed of.

The most economical way to circumnavigate the globe is to buy a round-the-world (RTW) plane ticket through a single airline alliance. These are confederations of several different airlines that make it simple to maximize the number of places you can travel and pay for it all in one place or with points. There are three primary airline alliances to choose from: Star Alliance, OneWorld and Skyteam.

Once you pick an airline alliance, whether because of a loyalty program you're already a member of or because you like its terms, conditions, and destination list, you can purchase a single RTW airline ticket made up of several legs fulfilled by that alliance's partners. The RTW ticket rules vary between each of the airline alliances, but there are some general principles that apply to most RTW tickets, no matter which airline group you go with: You typically must follow one global direction (east or west – no backtracking); you must start and finish in the same country; and you must book all your flights before departure, though you can change them later. However, this could incur extra charges.

You could whip around the world in a weekend if you flew non-stop, especially with the advent of new ultra-long-distance flights. However, the minimum duration of most RTW tickets is 10 days. To get the most out of your ticket, consider arranging a sabbatical from work to take off at least two months (but ideally six months to one year). Because most airline alliances give you up to a year to use your ticket, you can maximize your purchase if you plan well.

The weather will never be ideal in all your stops, so focus on what you want to do most and research the conditions there. In general, city sightseeing can be done year-round (escape extreme heat, cold, or rain in museums and cafes), but outdoor adventures are more reliant on – and enjoyable in – the right weather. Accept you'll be in some regions at the "wrong" time – though this might offer unexpected benefits. For example, Victoria Falls has a dry season each year, which means a slightly less thunderous cascade, but it does open up rafting opportunities and a chance to swim right up to the lip of the falls. Going to Venice in the winter might mean grayer skies but fewer crowds. Heading to Kenya and Tanzania in April is likely to mean fewer humans, but not fewer chances to spot wildlife, all while saving money on safari.

The classic (and cheapest) RTW tickets flit between a few big cities, for example, London – Bangkok – Singapore – Sydney – LA. If you want to link more offbeat hubs (Baku – Kinshasa – Paramaribo, anyone?), prices will climb considerably. The cost of the ticket is also based on the total distance covered or the number of countries visited. If budget's an issue, spend more time in less expensive countries and plan budget city breaks along the way.

Remember, you don't have to fly between each point: in Australia you could land in Perth, travel overland, and fly out of Cairns. Or fly into Moscow, board the Trans-Siberian railway, and fly onwards from Beijing. Pick some personal highlights and string the rest of your itinerary around those.

It might be a good idea to talk to an expert before you book a round-the-world ticket: you may have an itinerary in mind, but an experienced RTW flight Booker will know which routes work best and cost least. A few adjustments could mean big savings in time and money. Finally, reach out to friends or travel bloggers who have done a round-the-world trip or are full-time travelers because they can offer tips on how to budget for a trip around the world.

Adapted from ©lonelyplanet.com

0. The first aviators that flew around the world...

- a. had the same worries as today's travellers.
- b. needed more than one plane to achieve their goal.**
- c. were a part of an international team.

B
✓

9. The text warns you that planning a RTW trip can be overwhelming, but...

- a. it is not as difficult as it was in 1924.
- b. several options allow you to relax.
- c. you shouldn't get stressed about it.

10. A round-the-world ticket allows you to...

- a. fly in all airline alliances.
- b. get some frequent-flyer points.
- c. pay for all your flights together.

11. Every airline alliance RTW ticket...

- a. has a completely different set of principles.
- b. has basically the same rules.
- c. makes you book all flights before starting the RTW trip.

12. RTW tickets allow you to go around the world in...

- a. a minimum of two months.
- b. a weekend.
- c. ten days.

13. According to the guide, if you plan ahead, you can...

- a. enjoy good weather in all your destinations.
- b. spend all bad-weather days in big cities.
- c. still enjoy some off-season destinations.

14. Once you have bought the RTW ticket, you can save money...

- a. by going to all the major cities.
- b. by spending more time in certain countries.
- c. if you go to cities like Kinshasa or Paramaribo.

15. According to the guide, with RTW tickets you...

- a. can't fly within the same country.
- b. don't have to fly between each point.
- c. might have some railway or bus trips for free.

16. Experienced travelers and travel bloggers...

- a. can help you save money.
- b. can offer you a budget for your trip.
- c. will adjust your itinerary.

TASK THREE (9 x 1 mark = 9 marks)

Read the text and complete each gap with ONE suitable phrase from the list supplied. Then write your answers in the boxes provided. Each sentence can only be used ONCE. There are THREE phrases you will not need. Gap 0 is an example.

MARK

HAUNTED APPALACHIA?

The supernatural creatures said to wander around these forests are intimately tied to the landscape, which is older than most of life on Earth

TikTok is flooded with stories of #hauntedappalachia. And many people believe the high rate of mysterious phenomena in the Appalachian Mountains, a 2,000-mile range _____[0]_____, is due to their geological age.

How old, you ask? Older than Saturn's rings. Older than the ozone layer. Older than sexually reproducing organisms. Old enough _____[17]_____. The rocks at the core of the Appalachians formed nearly 1.2 billion years ago, when all the continents were still one. These ancient mountains create the perfect atmosphere for all manner of spooky sensations since their age is almost palpable. Myths and legends have long been _____[18]_____. As long as there have been people in the Appalachian Mountains, there have been stories. According to Cherokee mythology, the area of Judaculla's Rock is the domain of the lord of game; a giant who haunts the land, protecting it from overhunting.

_____ [19] _____, stories sometimes have a deeper purpose. Leslie J. Anderson, an Ohio-based horror author and poet who cohosts the podcast The Cryptonaturalist, believes spooky tales are a great way to warn people about danger _____[20]_____. "I don't want to tell my small child that he can't play by the cliff _____[21]_____, but we can both laugh about the gremlins who might bite his toes by the cliff edge and he won't go near it again," Anderson explains. She notes that "Watch out for the wolfman" can act as a more effective alternative for "Be careful."

Or maybe the Appalachian Mountains _____[22]_____— and more —since they've been around long enough to witness the development of most life on Earth. The shadows and rustles are fuel for fear, _____[23]_____, but among those who know, the Appalachians are another beast entirely.

"The Appalachians, with all the caves and slopes thickly covered with trees, are a landscape full of hidden things. _____[24]_____ and strange lights may disorientate you," says Ursula Vernon, a *USA Today* bestselling author whose spine-tingling horror novels (written under the pseudonym T. Kingfisher) are largely based in the Appalachians. "This region is fertile ground for fear. But people still have to live here, _____[25]_____ when you meet the Devil, and tales with lessons about what happened to people who didn't do the right things. It's endlessly fertile ground for storytellers, that's for sure."

Adapted from © <https://www.nationalgeographic.com/environment>

- A. A WAY TO EXPLAIN THE OTHERWISE UNEXPLAINABLE IN THE NATURAL WORLD
- B. AS THIS MYTH ILLUSTRATES
- C. BECAUSE HE MIGHT FALL TO A HORRIBLE DEATH
- D. ESPECIALLY IF YOU'RE NOT USED TO THEM
- E. HAVE EARNED ALL THE LEGENDS WE'VE ATTRIBUTED TO THEM
- F. IN A WAY THEY WILL LISTEN TO
- G. ONE OF THE REASONS THE REGION IS SO FULL OF SUPERNATURAL LEGENDS
- H. OVER THE MILLIONS OF YEARS THAT FOLLOWED
- I. SO WE GET STORIES ABOUT WHAT TO DO
- J. THAN THE GRANDEUR OF NATURE
- K. THAT SPANS NEWFOUNDLAND TO NORTHERN ALABAMA**
- L. THAT'S A PLACE WHERE THE DEVIL CAN LIE IN WAIT
- M. TO REMEMBER WHEN DAYS ON EARTH WERE SHORTER THAN 24 HOURS

GAP	<i>O</i>	17	18	19	20	21	22	23	24	25
LETTER	<i>K</i>									
	✓									

