

You will hear 5 different extracts. For each statement 1-10 choose the correct option (a, b *or* c). *Question 0* is an example. Do not forget to transfer your answers to the answer sheet. (6 points: 0.6 each)

### EXTRACTS

- EXTRACT 1: You will hear a food science professor talking about dietary advice throughout history.
  - 0. The Food Politics of the 90s and, in particular, Alice Waters
    - a. changed our vegetarian habits.
    - b. combined food and the environment.
    - c. opted for a food revolution.
  - 1. At the end of the late 19th century, dietary reformers thought that
    - a. eating right improved the individual.
    - b. most citizens were responsible eaters.
    - c. people's moral values were wrong.
  - 2. Alice Waters and past dieticians' theories
    - a. favoured the sensuality of food.
    - b. gave different dietary advice.
    - c. were based on different assumptions.

**EXTRACT 2**: You will hear a radio host talking about a new application for your mobile phone.

- 3. This new app is useful in case you
  - a. are in a risky situation.
  - b. do any sport.
  - c. want to date via the Internet.
- 4. Once the token is set, the app will send an alert after some time
  - a. if one of the contacts is not warned.
  - b. if you don't close the app.
  - c. if the phone is damaged.



EXTRACT 3: You will hear about designers Anthony Dunne and Fiona Rabi.

- 5. Their designs are created in order to
  - a. be practical in everyday life.
  - b. be used in science-fiction films.
  - c. make people reflect on things.
- 6. The purpose of the "Evidence Doll" is to
  - a. design samples.
  - b. increase romantic meetings.
  - c. obtain genetic data.

**EXTRACT 4**: You will hear a psychiatrist talking about different parenting styles.

- 7. Children of Tiger parents
  - a. are unable to cope with problems.
  - b. improve their own internal motivation.

c.show authoritarian manners.

- 8. Children of Jellyfish parents
  - a. are used to getting their own way.
  - b. have no academic problems.
  - c. take their parents as role models.

EXTRACT 5: You will hear about Lady Nancy Astor, the first woman in the British Parliament.

- 9. She arrived in Britain
  - a. on a family trip.
  - b. to get divorced.
  - c. to get married.

10. Her political career started because of

- a. a family situation.
- b. her commitment to the suffragette movement.
- c. her strong political ideas.

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# PART 2

You will hear a CNN extract about Okinawa, Japan. Read through the notes below, which are not literal, and complete them by filling in gaps 1–8 according to what you hear. You will only need to use ONE word in each gap. *Item 0* is an example. Do not forget to transfer your answers to the answer sheet. (4 points: 0.5 each)

### THE SECRETS OF LONG LIFE IN OKINAWA

0. As usual Tsune Ganaha is **picking** fruit in Okinawa, Japan.

1. What is \_\_\_\_\_\_ about Tsune Ganaha is not who she is, but what she does.

2. In the town of Ogimi, \_\_\_\_\_\_ in their 90s and 100s are very active.

3. The elders haven't heard of Alzheimer's, cancer and \_\_\_\_\_\_ disease.

4. A 96-year-old man tells youngsters they'll get sick of their \_\_\_\_\_ when they are 90.

5. Okinawa island has proved to have a very good \_\_\_\_\_\_ of people over 100.

6. The health care system in Okinawa, focused on prevention, is good and

7. In North America, people consider these diseases as "age-\_\_\_\_\_ diseases".

8. Working and being close to family is Tsune Ganaha's \_\_\_\_\_\_ to continue hiking hills.

Adapted from © CNN



#### KEY LISTENING SKILL AVANZADO 2

## PART 1: EXTRACTS (6 points: 0.6 each)

	Α	В	С
0		X	
1	Х		
2		Х	
2 3	Х		
4		Х	
5			X X
6			Х
7	Х		
8	Х		
9	Х		
10	Х		

PART 2: THE SECRETS OF LONG LIFE IN OKINAWA (4 points: 0.5 each)

ANSWERS
picking
remarkable
seniors
heart
spouse
percentage
affordable
associated
recipe