

MODELO 1

TAREA DE PRODUCCIÓN



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HEALTH AND FITNESS

TASK INSTRUCTIONS:

Give a presentation about current attitudes to health and fitness. Do we care more than in the past or is our new-found love of sport just a passing craze? How have our habits and attitudes changed?

You may use the following ideas to help you:

- Fad diets (paleo, fast, low carb etc.)
- 'New' popular sports (trail running, mountain biking, pilates, cross-fit etc.)
- Food supplements for health and training

You can make notes you can use as a guideline in your presentation.
The test will be recorded.

Preparation time: 4 minutes
Presentation time: 5 minutes

MODELO 1 - CANDIDATO A

TAREA DE COPRODUCCIÓN



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GROWING OLD

TASK INSTRUCTIONS:

Our life expectancy is longer than ever before. This has led many countries to increase the age of retirement.

Discuss this issue with your partner. Give reasons for your opinion and comment on what your partner says. You may use the following ideas:

- Is delaying retirement a solution to the problem of pensions?
- What kind of provision should there be for older citizens?
- Is a longer life necessarily a better one?

You can make notes to use as a guideline. Preparation is individual. The test will be recorded.

Preparation time: 3 minutes
Interaction time: 7-8 minutes

MODELO 1 - CANDIDATO B

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GROWING OLD

TASK INSTRUCTIONS:

Our life expectancy is longer than ever before. This has led many countries to increase the age of retirement.

Discuss this issue with your partner. Give reasons for your opinion and comment on what your partner says. You may use the following ideas:

- Is delaying retirement a solution to the problem of pensions?
- How can countries prepare for an aging population?
- After a lifetime of work, is retirement an "extended holiday" or are there difficulties associated with it?

You can make notes to use as a guideline. Preparation is individual. The test will be recorded.

Preparation time: 3 minutes
Interaction time: 7-8 minutes