

**TASK 1: GIVEN UP ON YOUR NEW YEAR'S RESOLUTION ALREADY? WHY
QUITTING CAN ACTUALLY BE A GOOD THING**

GAP	1	2	3	4	5	6	7	8
PHRASE	I	A	C	F	H	J	E	G

DISTRACTOR: B

TASK 2: THE POST-BIRTHDAY WORLD

QUESTION	9	10	11	12	13	14	15	16
ANSWER	A	C	B	C	B	C	C	C

**TASK 3: THE ECLECTIC GRANDPA TREND ENCAPSULATES OUR PERSONAL STYLE
DILEMMA**

ITEM	17	18	19	20	21	22	23	24	25
ANSWER	C	A	B	B	B	D	D	C	C

TASK 1: HOLLYWOOD'S CULTURE OF VIOLENCE

EXTRACT	1	2	3	4	5	6	7	8
LETTER	C	A	C	B	B	C	C	A

TASK 2: PARENTING HACKS

9.	WRANGLING
10.	PJS ARE ON
11.	CRANKY
12.	CONTEND
13.	SPRINKLER
14.	TIPPED INTO
15.	GO-TO /ON-THE-WAY
16.	ALBEIT
17.	FIDGET TOY / (LITTLE) (SQUISHY), (SQUASHY) TOY
18.	ALLEVIATE

Nota:

- No se penalizarán los errores de ortografía que no alteren esencialmente el significado de la palabra, frase o expresión requeridas.
- En los ítems con dos o más palabras, será necesario que todas estén presentes para poder otorgar 1 punto al alumno. Ningún ítem podrá puntuarse con 0,5 puntos. Para el ítem 17, en la segunda opción, se puntuará con 1 punto cualquier combinación acertada de 2 o 3 palabras.

TASK 3: BEST BOOKS EVER

EXTRACT	1	2	3	4	5	6	7
HEADING	G	I	E	A	H	B	C
	[19]	[20]	[21]	[22]	[23]	[24]	[25]

DISTRACTORS: D, J

TRANSCRIPTS

TASK 1: HOLLYWOOD'S CULTURE OF VIOLENCE

[minute 2:08 / 8:46]

BILL MAHER (host): And finally, *New Rule*: now that we live in an age of *über* corporate responsibility where **every large company in America bends over backwards to get on the politically correct side of every issue** [0, 2:22], Hollywood has to tell us, "Why doesn't that include gun violence?"

When liberals scream, "Do something!!" after a mass shooting, why aren't we also dealing with the fact that the average American kid sees 200,000 acts of violence on screens before the age of 18 and that, according to the FBI, one of the warning signs of a potential school shooter is a fascination with violence-filled entertainment. It's funny, **Hollywood is the wokest place on Earth in every other area of social responsibility: they have intimacy coordinators on set to chaperone sex scenes** [1, 2:50]; they hire sensitivity readers to go through and edit scripts; Disney stood up to the "Don't say *gay* law"; another studio spent 10 million dollars to digitally remove Kevin Spacey from a movie... but, **when it comes to the unbridled romanticization of gun violence, crickets...** [2, 3:11].

Weird! The only thing we don't call a trigger is the one that actually has a trigger.

[Applause]

If you make a movie today, you can't show bullying, fat-shaming, slut-shaming, girl-chasing, gay-baiting, ethnic stereotypes or underage hook-ups where drinking is involved. You know, what we used to call "comedies."

[Laughter][Applause]

But... but those things are bad, and everyone knows you can't platform bad things. You know what you can still platform: one guy, who's the hero, getting over a grudge by mowing down a multitude of human beings... because no impressionable young male would ever imitate that! **Now the usual suspects on the far left will say that I'm delivering some sort of conservative rant here or that I'm undermining gun control** [3, 4:04]. No, it's neither! It's just what's real. There's a pie chart of why mass shootings happen and we don't know exactly how much of each of the pieces is responsible, but the major ones are: mental health, that is, broken young men who feel like losers and want the world to hurt like they do; easy access to guns; **kids having smart phones, which makes losers feel even worse, because of the bullying and all the fake lives that look better than theirs** [4, 4:35]; and yes, yes, crazy amounts of gun violence on movies and TV. We don't show movie characters smoking anymore because it might look cool and influence children but you're telling me these cool dudes don't influence them?

And it's not just... and it's not just the idea, presented over and over and over again, that guns are the best solution to life's problems, it's why the hero is using a gun. **They call them "action movies." They should call them "revenge movies," because that's the plot of every one of them** [5, 5:09]. And there's a sick similarity in the revenge fantasies Hollywood turns out and those of school shooters.

[Sylvester Stallone speaking in a movie clip from *Rambo: Last Blood*]

"I want revenge. I want them to know that death is coming and there is nothing they can do to stop it."

[Applause]

Vengeance has been in more movies than pets in sunglasses. [Laughter] There's even a movie called *I Am Vengeance: Retaliation*, even though retaliation means vengeance.

[Laughter] It's like calling your movie *I Am Pregnant: Expecting*.

[Laughter][Applause]

Getting revenge on "them that wronged ya"¹ is what happens; it's all that happens in movies that are made for and loved by young men [6, 6:00]. It's the male version of getting your groove back or Meryl Streep getting a big kitchen.

[Laughter]

¹ non-standard spelling of "you," used to represent an informal pronunciation (/jə/).

Like, like every school shooter, our movie heroes are grievance collectors and, when it comes to action movies, there's one story: he was a nice guy, but they pushed him too far, and now it's on; they took my daughter, they killed my father, they killed my fiancée, they killed my family, they killed my family again, they killed my puppy!

[*Laughter*]

All of which doesn't just create a culture of violence, but a culture of justified violence. **Liberals hated it when Ka-Ka-Kyle, Kyle Rittenhouse, they hated him but somehow the liberal capital of the world is okay with making 500 movies about vigilantes. They hate it when gun people say, "It takes a good guy with a gun to stop a bad guy with a gun," but then they endlessly produce movies with that exact plot [7, 6:49].**

Now...[*Applause*]...thanks, one guy! [*Further applause*]

Now, am I saying, "Don't make these movies?" No, not at all! I'm never for censorship or organizing society around what crazy people might do, but don't look me in the eye and tell me this isn't a big part of the problem. **Every bad idea a kid can get about how to handle feeling abused and disrespected is in all these movies, including the ridiculous cliché that if you are the good guy, the avenging angel who's doing all the killing, you never get shot [8, 7:32].** And if you do, it's nothing! [*Applause*]

That's the message from the people who hate guns the loudest: don't worry about them if you get shot. The worst that'll happen is you might have to sit beside the ambulance with a blanket.

Adapted from ©HBO, *Real Time with Bill Maher*; <https://www.youtube.com/watch?v=Ebg2YnBj9II>

TASK 2: PARENTING HACKS

[minute 1:30 / 7:50]

MAGGIE: Nothing really prepares you for being a parent. No amount of reading or looking after your nieces and nephews truly makes you realise just how much heartbreak, exhaustion, and frustration, oh, and **exquisite [0, 1:47]** love and joy that you are going to feel. (...) And you kind of learn it all on the job. And if you're lucky, you're in the trenches with other parents. (...) So in this special 'Help Me Maggie,' I'm handing the reins over to you, the wonderful 'parental as anything' community, to share your best parenting hacks for **wrangling [9, 2:13]** toddlers right through to moody teens.

FATHER 1: Lower your standards. Weet-Bix is a perfectly acceptable dinner. (...) Swimming lessons in a chlorinated pool, that counts as a shower. And how much screen time our kids get, that's got less to do with paediatric guidelines and more to do with the vibe.

MOTHER 1: I actually get the nine-month-old dressed for the day before bed, and then I put a onesie on top and that's it. I just take the onesie off in the morning, change her nappy, and she's ready to go for the day.

FATHER 2: My boys often refuse to get dressed into their PJs after bath. As soon as I say, I'm going to time you and see how fast you can do it, they whip straight into action and their **PJs are on [10, 2:54]** in a jiffy.

MAGGIE: Oh, yes, you clever dad! This hack can work so well, especially for boys who love a competition. And how seriously funny is it watching them get their PJs on so fast after flatly refusing to do it before? Still, there are times when the pressure builds.

MOTHER 2: Whenever she is **cranky [11, 3:20]**, I put her in water. When she was little, it was a bath or a kiddie pool outside. She would play for hours with cups, sponges, floating toys, anything that was waterproof. We put it in there. (...) And now that she's older, we call it a feelings bath. So we fill the bathtub with bath salts and bubbles, bath crayons, whatever, and we relax in the bath with some music. And I **contend [12, 3:50]** it is the best medicine to change her mood.

MAGGIE: A feelings bath. I love it! Water, especially warm water, automatically shifts the tension in the nervous system. It's kinda like a calmer. And then cold water can energise the nervous system for many kids, whether at the beach, under a hose, or a **sprinkler [13, 4:05]**. So sometimes just add water.

[Chime]

Now, there are different challenges for different ages. And one thing that never seems to change, regardless of the age of your child, is the never-ending piles of dirty washing. (...)

MOTHER 3: I have a set of four drawers in my laundry, which are labelled colours, darks, whites and special care. Everyone puts their own washing into the drawers. And when a drawer fills up, it all gets **tipped into [14, 4:39, 4:50]** the machine and washed. No sorting and no piling up of washing in the laundry. (...) It is a lifesaver.

My daughter and I make banana smoothies with Weet-Bix, some milk, some honey, some bananas, and make icy poles out of them. And that's our **go-to [15, 5:01]** breakfast **on the way [15]** to school every day. (...)

FATHER 3: Pistachios...on a car trip. Because they're kinda hard to get into, but they're also delicious. (...) Yeah, they're gonna make...a complete mess of the back seat, but they're gonna be occupied for, like, a long time, just, like, opening them, eating them, trying to get into the next one, eating it. So, they're kinda working on hand-eye coordination and getting fed at the same time, **albeit [16, 5:26]** something that's probably a bit too salty for them. But still, that's some sweet, sweet time to yourself.

MOTHER 4: The kids strip off their clothes. We squirt some soap on them, and then they run around the lawn while I try to spray at them with the hose. And it just puts all of us in a great mood. And so shower time becomes a time of joy and connection, as opposed to being this frustrating thing that we have to do in the evening.

MOTHER 5: My daughter's eight. She's a smart little cookie, but she's so reluctant to go to school. We arranged for her to be allowed to take a **fidget toy [17a, 6:12]** to school. And it just completely brightened her mood. She couldn't wait to take her **little squishy, squashy [17b] toy** in that she just got to hold in her hands in class whenever she needed it. And I think it just helped calm her nerves and **alleviate [18, 6:34]** some of the anxiety that she feels about going into school.

MAGGIE: Sometimes it's a little thing that can create magic and change a struggle to a solution. Winner, winner, chicken dinner. And it's so exciting when we have those little breakthrough moments which really help our kids to cope better.

Adapted from © <https://www.abc.net.au/>

TASK 3: BEST BOOKS EVER

[minute 1:55]

EXTRACT 0: *Inverting a common misconception* [F]

The reason I love this one, you know, those of you who follow my work for a long time. You know, I write about purpose a lot. People always have this misguided assumption that purpose is something you just find. It's like you just wake up one day and you're like, oh, I'm supposed to be a piccolo player in the local orchestra. And it's like, boom. Lightning struck. You found your purpose. Everything's solved forever. What Newport shows, very convincingly, is that it actually is the other way around. You don't find what you're passionate about and then become great at it. What happens is you get great at something, and then you become passionate. [minute 2:01]

EXTRACT 1: *Nurture over nature is not a new idea* [G]

Blank Slate by Stephen Pinker. It actually came out in the 90s, but it's probably more relevant today than ever before. The blank slate is basically this philosophical idea that comes from John Locke. And it's this idea that the human mind is born a blank slate, a clean sheet of paper, and that anything, good or bad, that arises in our personality or who we are is due to our influences in our environment or in the culture. Now, this line of thought has been extremely popular for centuries, and it's taken various forms. Back in the sixteen hundreds, it was part of Locke's humanism and empiricism. More recently, in the 20th century, it was part of Marxism. [minute 2:52]

EXTRACT 2: *The benefits of experience and maturity* [I]

I think it's an absolute masterpiece. And I've yeah, I've definitely changed my opinion on that work. I really love when that happens. I really find it useful to mark what works you don't like. And it's about taste, because it is objectively a masterpiece, and it's objectively an important work of literature. So the fact that I didn't like it when I was young means my tastes hadn't matured. I hadn't lived enough. But when you live a little bit, you bring that experience to the work, and then you have that experience of saying to yourself, how did I not like this? Because this is wonderful. I love *Pride and Prejudice*. I'm so glad it's so high up. It deserves to be. [minute 3:45]

EXTRACT 3: *Immortality achieved through legacy* [E]

The Denial of Death, by Ernest Becker. This book is absolutely incredible. Becker's argument is really, really simple, but quite profound. And it's basically that most of our motivations in life, most of the things that we find purpose in, it's because we're terrified of dying. In fact, we want to deny or avoid the reality of our own mortality. And the way we do that is by undertaking massive projects, projects that will outlive us, whether that's writing a book, whether it's raising children, whether it's putting our names on buildings, or creating a project that's gonna change the world. [minute 4:39]

EXTRACT 4: *A different interpretation nowadays* [A]

Read the story aloud. You can read it by yourself as well, but make it funny or find the humour. Now, why do I say this? I say this because, apparently, these stories were supposed to be raucously funny. And that sounds a bit bizarre to us today. We have the word 'Kafkaesque' now, don't we? We read those stories and they're very surreal and bizarre. And we also do see something of our own reality in those stories. But are they funny? Well, Kafka and his friends certainly thought so. Kafka would read his stories aloud and he would be in stitches. And all of his friends would be in stitches. [minute 5:32]

EXTRACT 5: Our real nature laid bare [H]

But basically this book is about how ultimately, we're all animals at heart. We all have very dark base impulses, and a lot of our conscious mind is designed to rationalize away those base impulses. We're all a little bit selfish and impulsive and overly emotional, but we can't really admit that to ourselves. So we develop all these kind of belief systems and mindsets and attitudes that allow us to continue to believe that we are wholly rational, altruistic, wonderful beings. This book dissects all of those, that, that whole network of attitudes and beliefs to kind of point out where we're fooling ourselves. [minute 6:25]

EXTRACT 6: Holding unwavering opinions will limit you [B]

Emerson would tell us that a foolish consistency is the hobgoblin of little minds. That means be inconsistent. We are human. The world is changing rapidly. Heaven knows it changed a lot the last couple of years. But, not only is the world around us changing, but we're changing. We experience death, birth, love, loss, and a real infinite variety of different life experiences. We cannot help but change and therefore contradict ourselves. We do not want to always be of the same opinion, because if we are, then we evidently have not grown. [minute 7:17]

EXTRACT 7: How influences determine choices [C]

This book is based on decades of psychological research into how people are persuaded and influenced to make various decisions, whether that is to help somebody else believe a certain thing or, most importantly, to buy a certain product. And it's actually pretty incredible the amount of triggers that we have in our psychology that make us susceptible to making certain decisions. It's, not only is it useful for any sort of marketing profession in terms of understanding how to get people to buy things, but it's also important as a consumer to understand how you're being manipulated by all these marketing messages. [minute 8:10]

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