



## ESCUELAS OFICIALES DE IDIOMAS DE LA RIOJA

### PRUEBA DE CERTIFICACIÓN

#### INGLÉS



Datos del candidato
Apellidos:
Nombre:
Modalidad: <input type="checkbox"/> Oficial Presencial

Calificación final

Apto  No Apto

### PRUEBA DE MEDIACIÓN

INFORMACIÓN PARA EL CANDIDATO
<ul style="list-style-type: none"><li>• Esta prueba consta de 2 ejercicios.</li><li>• Lea atentamente las instrucciones correspondientes a cada ejercicio.</li><li>• Cada ejercicio tiene un valor del 50% de la prueba de mediación.</li><li>• Debe registrar sus respuestas en <b>el lugar indicado para ello en bolígrafo azul o negro.</b></li><li>• <b>No escriba en los cuadros sombreados</b> destinados a la calificación de la prueba.</li><li>• Escriba con letra clara y legible, que no lleve a dobles interpretaciones.</li><li>• Las respuestas incorrectas <b>NO</b> penalizan.</li><li>• <b>Debe apagar su teléfono móvil</b> – que no podrá estar encima de la mesa – antes de que comience la prueba.</li><li>• Una vez finalizada la prueba, se entregarán todos los papeles de examen, incluyendo las hojas de borrador, las cuales no serán corregidas.</li><li>• <b>Duración de la prueba: 45 minutos.</b></li></ul>



## PART 1

Your Italian friend Paolo has to prepare a school presentation about the negative aspects of social media. He has found this paper article but can't understand some words and phrases in the text and has asked you for help. Help him understand what the words/phrases mean by writing **a synonym or a definition**. *Item 0* is an example. Write your answers in the table provided on the right. (5 marks: 0.5 each)

### SOCIAL MEDIA

Documenting your every move on social media can **(0) take its toll**. While social media platforms can have their benefits, using them too frequently can make you feel increasingly unhappy and isolated in the long run.

The constant **(1) barrage** of perfectly filtered photos that appear on Instagram are bound to knock many people's self-esteem, while obsessively checking your Twitter feed just before bed could be contributing towards poor quality of sleep.

We all have our fair share of insecurities. However, comparing yourself to others on social media by **(2) stalking** their aesthetically perfect Instagram photos or staying up to date with their relationship status on Facebook could do little to **(3) assuage** your feelings of self-doubt. Becoming more conscious of the amount of time you spend **(4) scrolling through** other people's online profiles could help you focus more on yourself and boost your self-confidence.

As human beings, it's important for us to be able to communicate and **(5) forge** personal connections with one another. However, it can be hard to do so when we're glued to rectangular screens, becoming more acquainted with our friends' digital **(6) facades** than their real-life personas.

Stina Sanders, a former model who has 107,000 followers on Instagram, explained, "I know from my experience I can get **(7) FOMO** when I see my friend's photos of a party I didn't go to, and this, in turn, can make me feel quite lonely and anxious."

Social media can be great for looking back fondly on memories and recounting how past events occurred. However, it can also distort the way in which you remember certain **(8) tidbits** from your life. "If we direct all of our attention toward capturing the best shots for our social media followers to admire, less will be available to enjoy other aspects of the experience in real time," said Dr Bono.

Having enough sleep is of paramount importance. However, many of us use our phones too soon before choosing **(9) to hit the hay**, making it harder to doze off. Try not going on your phone for at least 40 minutes to an hour before going to bed.

While you don't necessarily have to quit social media for good, if you feel like it's beginning to **(10) bog you down**, why not consider allocating social media-free time slots during your daily routine? The slight change could do you a whole lot of good.



0.	<i>Take its toll is when something causes damage.</i>	✓✓
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

## PART 2

Your Polish friend Aleksander, whose level of English is lower than yours, has asked you for help with a talk he attended at university. He has sent you this message.

Hi,  
I attended a talk on bilingualism this morning but I couldn't understand it very well. Can you help me?  
Here is the link to the talk: <https://youtu.be/yHyfj5QLgcs>

Source: © University of Edinburgh, *Three-minute thesis contest*, 2016

After listening to the talk that he has sent you, you have decided to send him an **email (100-120 words)**. Continue the email on the other page summarizing the content of the talk. (5 marks)

You can take some notes on the paper provided while listening to the podcast.

